



# Speak Life



A Day-by-Day Declaration Guide  
for Expecting Parents



A Companion for Expecting Mothers,  
Fathers & Every Season In Between

Emily • The Quiet Nine



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# INTRODUCTION: Speak Life

Hi, I'm Emily.

Right now, you're holding more than a book. You're holding a decision - the decision to speak life over your child, every single day, until you hold them in your arms.

The Bible tells us that faith calls things that are not as though they were: *"God, who gives life to the dead and calls those things which do not exist as though they did"* (Romans 4:17, NKJV). That is exactly what you're about to do. Not once. Every day, from today until your due date.

Each day in this book gives you a short declaration to speak out loud, already backed by Scripture, taking three to five minutes. A version for your husband, your partner, or simply your own voice again if you're walking this alone. And a short reason why that day's words matter.

That's the practice. Small, faithful, repeated - until the day you finally hold what you've been speaking over all along.

Let's begin.

# CHAPTER 1: Why Your Words Matter



An older woman at my church once told me, *"You can't just pray at your fear. You have to speak over that baby, out loud, on purpose. Fear talks all day long. Somebody has to talk back."*

That sentence changed my whole pregnancy. It's why this book exists.

## **God Has Always Spoken Before He Formed**

Before Jeremiah was born, God said: *"Before I formed you in the womb I knew you; Before you were born I sanctified you; I ordained you a prophet to the nations"* (Jeremiah 1:5, NKJV). God spoke destiny over Jeremiah before Jeremiah ever drew breath. That same God is still forming children today - and He still knows them before they're formed, just as He knew Jeremiah.

David wrote about his own life in the womb this way: *"For You formed my inward parts; You covered me in my mother's womb. I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, And that my soul knows very well"* (Psalm 139:13-14, NKJV). Your child is being covered and formed right now, the same way David was - fearfully, wonderfully, on purpose.

## **Your Voice Was Always Part of the Plan**

Scripture doesn't just describe a God who forms children in secret - it describes children who are meant to be spoken over out loud. Proverbs 18:21 says, *"Death and life are in the power of the tongue, And those who love it will eat its fruit"* (NKJV). Your words carry weight. That's not a metaphor to Scripture - it's how God set the world up.

Fear whispers all day long, uninvited. Faith has to be spoken on purpose, or it stays quiet while fear gets the only voice in the room.

### **Even Science Is Catching Up**

You don't need research to know that faith and peace go together - believers have known this for thousands of years. But it's worth knowing that recent studies agree. A 2024 review of 32 studies, covering nearly 4,000 pregnant women, found that women who practiced calm, repeated declarations of peace had lower stress and anxiety - and their babies were born, on average, a little heavier and stronger. A 2022 study of expecting mothers found that women who prayed with bold confidence, rather than fearful bargaining, carried noticeably less anxiety through their pregnancy.

The world is only now discovering what the Bible has always said: speak life, and life responds.

### **One Honest Note**

This word was first spoken over a prophet named Jeremiah - and it still echoes true today, because the same God who knew Jeremiah before he was formed knows your child the same way. Every child is known and formed with purpose by the same unchanging God.

### **Try This Right Now**

Put one hand on your belly. Take a slow breath. Say this out loud:

*"Before you were formed, God already knew you. You are not an accident - you are known, loved, and covered. For You formed my inward parts; You covered me in my mother's womb. I am fearfully and wonderfully made. In Jesus' name, Amen." - Jeremiah 1:5 & Psalm 139:13-14, NKJV*

Notice how you feel. That small shift - from silence to spoken faith - is the whole heartbeat of this book.

Turn the page. Let's keep speaking.

# CHAPTER 2: How to Use This Guide



Faith isn't just something you feel. It's something you do, on purpose, every single day, until what you've been declaring becomes what you're holding in your arms. This chapter is your simple rhythm for doing exactly that.

## Your Daily Rhythm

Every day in this book follows the same simple pattern, so you never have to wonder what to do:

1. **Turn to today's page.** Each day is numbered and grouped into

*weeks, so you always know exactly where you are in the journey.*

2. **Place one hand on your belly,** if that feels right to you. This

*isn't a rule - it's just a beautiful way to connect your words to the life you're speaking them over.*

3. **Speak the Mother's Declaration out loud.** Not in your head.

*Speak the words out loud. The Bible tells us death and life are in the power of the tongue (Proverbs 18:21) - so we speak, on purpose, every day.*

4. **Speak the Father's/second voice declaration.** If your husband or

*partner is with you, this is his part to read in his own voice. If you're walking this alone, this voice belongs to you too - read it just the same, in your own words, over your own child with intention and conviction.*

5. **Close your eyes for one more breath**, and let the words settle

*before you move on with your day.*

That's it. Three to five minutes. No special room, no candles, no perfect silence required. God meets you in the car, in the bathroom, in bed at midnight - wherever you are.

## **If You're Walking This Alone**

I want to say this again, clearly, because it matters: if you are a single mother, or your partner isn't ready to pray out loud yet, you are not missing a single thing this book has to offer.

Every declaration written for "a second voice" already belongs to you. You are not half of a team that needs a second person to complete it. You are fully equipped, right now, to speak both voices over your child - because the power was never in who was standing in the room. It was always in the Word being spoken, and in the faith behind it.

Numbers 6:24-26 says: *"The LORD bless you and keep you; The LORD make His face shine upon you, And be gracious to you; The LORD lift up His countenance upon you, And give you peace."* That blessing was never limited to two people speaking it. It's yours to carry, fully, on your own.

## **Choosing Your Time**

Pick one time of day - morning or night - and let it become sacred ground. Many mothers find that pairing this practice with something they already do daily (right after morning devotion, coffee, gym or right before turning off the bedside lamp) helps it stick without needing extra willpower. You're not trying to add one more hard thing to your day. You're weaving faith into a moment that already exists.

It doesn't matter which time you choose. What matters is that it becomes *your* time - the same way David wrote, "My voice You shall hear in the morning, O LORD; In the morning I will direct it to You, And I will look up" (Psalm 5:3, NKJV). Whether morning or night is your appointed hour, show up for it.

## **If You Miss a Day**

You will, at some point, miss a day. That is not failure - that is simply being human, and being pregnant, and being tired.

This book includes a **Consistency Tracker** below, not to make you feel guilty, but to help you see your faithfulness at a glance and simply pick back up where you left off. There is no such thing as "too far behind" in this practice. There is only today's declaration, waiting for you that's why it doesn't have dates.

## YOUR CONSISTENCY TRACKER

Mark an "X" in the box each day you speak your declaration. If you miss a day, leave it blank and simply continue the next day - no catching up required, but try as much as it lieth in you to be consistent.

### TRIMESTER 1 - Weeks 1 - 13

Week 1:\*\* Day 1  Day 2  Day 3  Day 4  Day 5

*Day 6  Day 7\**

Week 2:\*\* Day 8  Day 9  Day 10  Day 11  Day

*12  Day 13  Day 14\**

Week 3:\*\* Day 15  Day 16  Day 17  Day 18  Day

*19  Day 20  Day 21\**

Week 4:\*\* Day 22  Day 23  Day 24  Day 25  Day

*26  Day 27  Day 28\**

Week 5:\*\* Day 29  Day 30  Day 31  Day 32  Day

*33  Day 34  Day 35\**

Week 6:\*\* Day 36  Day 37  Day 38  Day 39  Day

40 [ ] Day 41 [ ] Day 42\*

Week 7:\*\* Day 43 [ ] Day 44 [ ] Day 45 [ ] Day 46 [ ] Day

47 [ ] Day 48 [ ] Day 49\*

Week 8:\*\* Day 50 [ ] Day 51 [ ] Day 52 [ ] Day 53 [ ] Day

54 [ ] Day 55 [ ] Day 56\*

Week 9:\*\* Day 57 [ ] Day 58 [ ] Day 59 [ ] Day 60 [ ] Day

61 [ ] Day 62 [ ] Day 63\*

Week 10:\*\* Day 64 [ ] Day 65 [ ] Day 66 [ ] Day 67 [ ]

Day 68 [ ] Day 69 [ ] Day 70\*

Week 11:\*\* Day 71 [ ] Day 72 [ ] Day 73 [ ] Day 74 [ ]

Day 75 [ ] Day 76 [ ] Day 77\*

Week 12:\*\* Day 78 [ ] Day 79 [ ] Day 80 [ ] Day 81 [ ]

Day 82 [ ] Day 83 [ ] Day 84\*

Week 13:\*\* Day 85 [ ] Day 86 [ ] Day 87 [ ] Day 88 [ ]

Day 89 [ ] Day 90 [ ] Day 91\*

## TRIMESTER 2 - Weeks 14 - 27

Week 14:\*\* Day 92 [ ] Day 93 [ ] Day 94 [ ] Day 95 [ ]

*Day 96 [ ] Day 97 [ ] Day 98\**

Week 15:\*\* Day 99 [ ] Day 100 [ ] Day 101 [ ] Day 102 [ ]

*Day 103 [ ] Day 104 [ ] Day 105\**

Week 16:\*\* Day 106 [ ] Day 107 [ ] Day 108 [ ] Day 109 [ ]

*] Day 110 [ ] Day 111 [ ] Day 112\**

Week 17:\*\* Day 113 [ ] Day 114 [ ] Day 115 [ ] Day 116 [ ]

*] Day 117 [ ] Day 118 [ ] Day 119\**

Week 18:\*\* Day 120 [ ] Day 121 [ ] Day 122 [ ] Day 123 [ ]

*] Day 124 [ ] Day 125 [ ] Day 126\**

Week 19:\*\* Day 127 [ ] Day 128 [ ] Day 129 [ ] Day 130 [ ]

*] Day 131 [ ] Day 132 [ ] Day 133\**

Week 20:\*\* Day 134 [ ] Day 135 [ ] Day 136 [ ] Day 137 [ ]

*] Day 138 [ ] Day 139 [ ] Day 140\**

Week 21:\*\* Day 141 [ ] Day 142 [ ] Day 143 [ ] Day 144 [ ]

*] Day 145 [ ] Day 146 [ ] Day 147\**

Week 22:\*\* Day 148 [ ] Day 149 [ ] Day 150 [ ] Day 151 [ ]

*] Day 152 [ ] Day 153 [ ] Day 154\**

Week 23:\*\* Day 155 [ ] Day 156 [ ] Day 157 [ ] Day 158 [ ]

*] Day 159 [ ] Day 160 [ ] Day 161\**

Week 24:\*\* Day 162 [ ] Day 163 [ ] Day 164 [ ] Day 165 [

*] Day 166 [ ] Day 167 [ ] Day 168\**

Week 25:\*\* Day 169 [ ] Day 170 [ ] Day 171 [ ] Day 172 [

*] Day 173 [ ] Day 174 [ ] Day 175\**

Week 26:\*\* Day 176 [ ] Day 177 [ ] Day 178 [ ] Day 179 [

*] Day 180 [ ] Day 181 [ ] Day 182\**

Week 27:\*\* Day 183 [ ] Day 184 [ ] Day 185 [ ] Day 186 [

*] Day 187 [ ] Day 188 [ ] Day 189\**

### TRIMESTER 3 - Weeks 28 - 40

Week 28:\*\* Day 190 [ ] Day 191 [ ] Day 192 [ ] Day 193 [

*] Day 194 [ ] Day 195 [ ] Day 196\**

Week 29:\*\* Day 197 [ ] Day 198 [ ] Day 199 [ ] Day 200 [

*] Day 201 [ ] Day 202 [ ] Day 203\**

Week 30:\*\* Day 204 [ ] Day 205 [ ] Day 206 [ ] Day 207 [

*] Day 208 [ ] Day 209 [ ] Day 210\**

Week 31:\*\* Day 211 [ ] Day 212 [ ] Day 213 [ ] Day 214 [

*] Day 215 [ ] Day 216 [ ] Day 217\**

Week 32:\*\* Day 218 [ ] Day 219 [ ] Day 220 [ ] Day 221 [

*] Day 222 [ ] Day 223 [ ] Day 224\**

Week 33:\*\* Day 225 [ ] Day 226 [ ] Day 227 [ ] Day 228 [

*] Day 229 [ ] Day 230 [ ] Day 231\**

Week 34:\*\* Day 232 [ ] Day 233 [ ] Day 234 [ ] Day 235 [

*] Day 236 [ ] Day 237 [ ] Day 238\**

Week 35:\*\* Day 239 [ ] Day 240 [ ] Day 241 [ ] Day 242 [

*] Day 243 [ ] Day 244 [ ] Day 245\**

Week 36:\*\* Day 246 [ ] Day 247 [ ] Day 248 [ ] Day 249 [

*] Day 250 [ ] Day 251 [ ] Day 252\**

Week 37:\*\* Day 253 [ ] Day 254 [ ] Day 255 [ ] Day 256 [

*] Day 257 [ ] Day 258 [ ] Day 259\**

Week 38:\*\* Day 260 [ ] Day 261 [ ] Day 262 [ ] Day 263 [

*] Day 264 [ ] Day 265 [ ] Day 266\**

Week 39:\*\* Day 267 [ ] Day 268 [ ] Day 269 [ ] Day 270 [

*] Day 271 [ ] Day 272 [ ] Day 273\**

Week 40:\*\* Day 274 [ ] Day 275 [ ] Day 276 [ ] Day 277 [

] Day 278 [ ] Day 279 [ ] Day 280\*

*If your due date lands a little earlier or later than 280 days, that's completely normal - simply stop at whichever day you deliver on, or keep going a few extra days if needed. The tracker doesn't need to be perfectly exact to work.*

## **On the Nights That Feel Different**

Some nights, the regular declaration won't feel like enough. Fear will rise louder than usual, and that is not a sign you're doing this wrong. It's simply the reason this book includes a separate chapter just for those nights, called "The Night of Fear." You'll find it right after your daily declarations begin - turn to it any time, on any day, whenever you need it. It doesn't replace your regular practice; it stands beside it.

## **Your Weekly Practice**

Alongside your daily words, each week of this book pairs your declarations with one simple, physical act of faith - anointing your belly with oil, laying a small cloth (mantle) over it in prayer, sharing communion at home, playing worship music against your bump, inviting someone you trust spiritually to lay hands and pray with you, taking a quiet prayer walk, or sharing a meal in thanksgiving. Chapter 6 walks you through each of these in full, one for every week of your journey. For now, just know that your words are never standing alone - they're anchored in something you can actually hold, touch, and do.

## **You're Ready**

You now know everything you need to begin: the rhythm, the grace for missed days, and the freedom to carry every word or both voices - as fully your own. There's nothing left to explain. There's only Day 1, waiting for you to speak it.

Turn the page. Your journey starts now.

# CHAPTER 3: Your Daily Declarations - Day 1 to Your Due Date



This is where the real journey begins.

From this page forward, every single day carries its own declaration - a fresh word, a fresh Scripture, a fresh reason to believe. Some days will feel powerful. Some days will feel quiet. Both are faithfulness. Both count.

Your declarations are grouped into weeks of seven days each, continuing this same rhythm all the way to your due date. Below is your first full week - Week 1 - exactly as it will appear for the rest of your journey. Every week that follows carries this same shape: new words, same faithfulness, carrying you closer to the day you finally hold what you've been speaking over all along.

## WEEK 1

### **DAY 1 - "The Day Everything Changed"**

*Why today matters: Today, everything is new. Whatever you're feeling right now - joy, fear, disbelief, or all three at once - God already knew this day was coming, long before you did.*

**MOTHER'S DECLARATION** (*Place your hand on your belly. Take one slow breath before you begin.*)

"This child is not an accident. You are a gift, a heritage, a reward straight from the hand of God - and I receive you as exactly that, starting today."

*"Behold, children are a heritage from the LORD, The fruit of the womb is a reward." - Psalm 127:3, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"Before you were formed in the womb, God already knew you. He set you apart with purpose before you ever took a breath - and I will speak that purpose over you every day from here forward."

*"Before I formed you in the womb I knew you; Before you were born I sanctified you; I ordained you a prophet to the nations." - Jeremiah 1:5, NKJV*

### **DAY 2 - "Known By Name"**

*Why today matters: Long before your baby has a name on a birth certificate, they already have a name in the mind of God.*

#### **MOTHER'S DECLARATION**

"For You formed my child's inward parts; You covered them in my womb. I praise You, because this child is being fearfully and wonderfully made, right now, in secret, by Your own hand."

*"For You formed my inward parts; You covered me in my mother's womb. I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, And that my soul knows very well." - Psalm 139:13-14, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"You are already known by name, little one. Fear has no claim over you, because you belong to the One who formed you and calls you His own."

*"But now, thus says the LORD, who created you... And He who formed you: 'Fear not, for I have redeemed you; I have called you by your name; You are Mine.'" - Isaiah 43:1, NKJV*

### **DAY 3 - "Formed With Purpose"**

*Why today matters: Your baby isn't just being formed physically. From the very first cell, they are already being shaped for a purpose only God can see right now.*

### **MOTHER'S DECLARATION**

"You are God's own handiwork, created in Christ Jesus for good works He already prepared for you to walk in - long before this pregnancy began."

*"For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them." - Ephesians 2:10, NKJV*

### **FATHER'S / SECOND VOICE DECLARATION**

"I speak angels assigned over this child's life, right now - to keep watch, to guard every step, from this day forward."

*"For He shall give His angels charge over you, To keep you in all your ways." - Psalm 91:11, NKJV*

## **DAY 4 - "Covered and Protected"**

*Why today matters: Whatever today held - good news, hard news, or an ordinary Tuesday - your baby was covered through every hour of it.*

### **MOTHER'S DECLARATION**

"The Lord bless this child and keep them. The Lord make His face shine upon them and be gracious to them. The Lord lift up His countenance upon them, and give them peace - today and every day."

*"The LORD bless you and keep you; The LORD make His face shine upon you, And be gracious to you; The LORD lift up His countenance upon you, And give you peace." - Numbers 6:24-26, NKJV*

### **FATHER'S / SECOND VOICE DECLARATION**

"God has not given this child a spirit of fear, but of power, and of love, and of a sound mind - and I declare that same spirit over myself as I stand beside them."

*"For God has not given us a spirit of fear, but of power and of love and of a sound mind." - 2 Timothy 1:7, NKJV*

## DAY 5 - "Peace Instead of Fear"

*Why today matters: Fear will try to talk today, like it does most days. This is your answer back.*

### MOTHER'S DECLARATION

"I bring every worry about this pregnancy to God right now, with thanksgiving. And the peace of God, which surpasses all understanding, will guard my heart and mind through Christ Jesus."

*"And the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus." - Philippians 4:7, NKJV*

### FATHER'S / SECOND VOICE DECLARATION

"For You formed this child's inward parts; You covered them in the womb. I praise You, because they are fearfully and wonderfully made."

*"For You formed my inward parts; You covered me in my mother's womb... I am fearfully and wonderfully made." - Psalm 139:13-14, NKJV*

## DAY 6 - "Made for a Purpose"

*Why today matters: This child's story didn't start at birth. It started here, in the quiet, with God already at work.*

### MOTHER'S DECLARATION

"This child is God's own workmanship, created for good works prepared in advance for them to walk in. Their life has purpose before their story has even begun."

*"For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them." - Ephesians 2:10, NKJV*

### FATHER'S / SECOND VOICE DECLARATION

"Before you were formed, God already knew you and set you apart with purpose. I will not stay silent over your life - I will speak this over you again and again."

*"Before I formed you in the womb I knew you; Before you were born I sanctified you." - Jeremiah 1:5, NKJV*

## DAY 7 - "Rest and Gratitude"

*Why today matters: You've spoken life over this child every day this week. Today is for rest, and for thanking God for exactly that.*

### **MOTHER'S DECLARATION**

"Thank You, Lord, for this first week of speaking life. Bless this child and keep them. Make Your face shine upon them and be gracious to them. Lift up Your countenance upon them, and give them peace - this week, and every week to come."

*"The LORD bless you and keep you; The LORD make His face shine upon you, And be gracious to you; The LORD lift up His countenance upon you, And give you peace." - Numbers 6:24-26, NKJV*

### **FATHER'S / SECOND VOICE DECLARATION**

"Thank You, Lord, for this heritage, this reward, this child. We receive them with gratitude as we close this first week and step into the next."

*"Behold, children are a heritage from the LORD, The fruit of the womb is a reward." - Psalm 127:3, NKJV*

## **Carrying This Forward**

That's Week 1 - seven days, fourteen declarations, calling things that be not as though they were. Week 2 begins on Day 8, and carries this exact same shape forward: new words each day, the same faithfulness, all the way to the day you finally meet the one you've been speaking over all along.

Keep going. Every single day you speak brings you one day closer.

## **WEEK 2**

### **DAY 8 - "A New Week of Faithfulness"**

*Why today matters: You closed last week with rest. Today, you begin again - because faithfulness isn't a single burst of effort, it's showing up again after you already rested.*

### **MOTHER'S DECLARATION**

"This is the day the Lord has made. I will rejoice and be glad in it, and I will speak life over you again today, just as I did all last week."

*"This is the day the LORD has made; We will rejoice and be glad in it." - Psalm 118:24, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"This word first comforted God's people in a hard season far from home - but the same God who held them then holds this family now. I know the thoughts God thinks toward this child: thoughts of peace, not evil, to give them a future and a hope."

*"For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope." - Jeremiah 29:11, NKJV*

### **DAY 9 - "Held By Strength Greater Than Yours"**

*Why today matters: You don't have to be strong enough for this pregnancy on your own. You were never supposed to be.*

#### **MOTHER'S DECLARATION**

"God is my refuge and strength, a very present help in trouble - today, and every day this pregnancy asks more of me than I think I have."

*"God is our refuge and strength, A very present help in trouble." - Psalm 46:1, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"Be strong and of good courage. Do not fear, for the Lord your God is the One who goes with you. He will not leave you nor forsake you - not for one single day of this journey."

*"Be strong and of good courage, do not fear nor be afraid of them; for the LORD your God, He is the One who goes with you. He will not leave you nor forsake you." - Deuteronomy 31:6, NKJV*

### **DAY 10 - "Renewed Strength for the Journey"**

*Why today matters: Tired is allowed. Giving up is not the plan.*

#### **MOTHER'S DECLARATION**

"I wait on the Lord today, and He renews my strength. I will mount up like an eagle, run and not grow weary, walk and not faint - through this pregnancy, and beyond it."

*"But those who wait on the LORD Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint." - Isaiah 40:31, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"I lift up my eyes today, not to my own strength, but to the One who made heaven and earth. My help - our help - comes from Him."

*"I will lift up my eyes to the hills - From whence comes my help? My help comes from the LORD, Who made heaven and earth." - Psalm 121:1-2, NKJV*

### **DAY 11 - "Delight and Song Over This Child"**

*Why today matters: God isn't tolerating this pregnancy. Scripture says He's singing over it.*

#### **MOTHER'S DECLARATION**

"The Lord your God is in your midst, the Mighty One, and He will save. He rejoices over you with gladness, quiets you with His love, and rejoices over you with singing."

*"The LORD your God in your midst, The Mighty One, will save; He will rejoice over you with gladness, He will quiet you with His love, He will rejoice over you with singing." - Zephaniah 3:17, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"I sought the Lord today, and He heard me, and delivered me from all my fears - every single one I carried in here before I spoke this out loud."

*"I sought the LORD, and He heard me, And delivered me from all my fears." - Psalm 34:4, NKJV*

### **DAY 12 - "Trusting Instead of Figuring It Out"**

*Why today matters: You don't have to have this pregnancy, or this child's whole future, figured out today.*

#### **MOTHER'S DECLARATION**

"I trust in the Lord with all my heart, and I lean not on my own understanding. In every part of this pregnancy, I acknowledge Him, and He will direct my path."

*"Trust in the LORD with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths." - Proverbs 3:5-6, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"I am confident of this: He who has begun a good work in this child will complete it. What God started here, He will finish."

*"Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ." - Philippians 1:6, NKJV*

#### **DAY 13 - "A Future Already Being Taught by God"**

*Why today matters: This child's education in the ways of God didn't start with Sunday school. It starts now, in the promise being spoken today.*

#### **MOTHER'S DECLARATION**

"All my children shall be taught by the Lord, and great shall be the peace of my children. That peace starts now, before you're even born."

*"All your children shall be taught by the LORD, And great shall be the peace of your children." - Isaiah 54:13, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"Through the Lord's mercies, this family is not consumed by fear, because His compassions fail not. They are new every morning - great is Your faithfulness, today and tomorrow."

*"Through the LORD's mercies we are not consumed, Because His compassions fail not. They are new every morning; Great is Your faithfulness." - Lamentations 3:22-23, NKJV*

#### **DAY 14 - "Nothing Is Impossible With Him"**

*Why today matters: Two weeks of speaking life is behind you now. Today is for remembering who made all of it possible.*

#### **MOTHER'S DECLARATION**

"With God, nothing will be impossible - not this pregnancy, not this delivery, not anything this child will ever face."

*"For with God nothing will be impossible." - Luke 1:37, NKJV*

### **FATHER'S / SECOND VOICE DECLARATION**

"For this child, we prayed, and the Lord has granted our petition which we asked of Him. We receive this answered prayer with the same gratitude Hannah once did."

*"For this child I prayed, and the LORD has granted me my petition which I asked of Him."  
- 1 Samuel 1:27, NKJV*

## **WEEK 3**

### **DAY 15 - "Made in His Image, On Purpose"**

*Why today matters: This child isn't a copy of anyone. They're being made in the image of the God who made them.*

### **MOTHER'S DECLARATION**

"God created this child in His own image - in the image of God He created them. Not by accident, not as an afterthought, but on purpose, bearing His likeness."

*"So God created man in His own image; in the image of God He created him; male and female He created them." - Genesis 1:27, NKJV*

### **FATHER'S / SECOND VOICE DECLARATION**

"Know that the Lord, He is God. It is He who has made this child, and this family belongs to Him - we are His people, cared for like sheep in His pasture."

*"Know that the LORD, He is God; It is He who has made us, and not we ourselves; We are His people and the sheep of His pasture." - Psalm 100:3, NKJV*

### **DAY 16 - "He Will Finish What He Started"**

*Why today matters: This pregnancy is not a project you're managing alone. It's a work God Himself is completing.*

### **MOTHER'S DECLARATION**

"The Lord will perfect that which concerns this child. Your mercy, Lord, endures forever - do not forsake the work of Your hands, forming right now."

*"The LORD will perfect that which concerns me; Your mercy, O LORD, endures forever; Do not forsake the works of Your hands." - Psalm 138:8, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"The Lord is my light and my salvation - whom shall I fear? The Lord is the strength of my life, standing over this family; of whom shall I be afraid?"

*"The LORD is my light and my salvation; Whom shall I fear? The LORD is the strength of my life; Of whom shall I be afraid?" - Psalm 27:1, NKJV*

### **DAY 17 - "Held By His Own Right Hand"**

*Why today matters: Fear will ask "what if." Today's answer is simpler than any worry: God is with you.*

#### **MOTHER'S DECLARATION**

"Fear not, for God is with me. I will not be dismayed, for He is my God. He strengthens me, He helps me, He upholds me with His righteous right hand - today, and every day of this pregnancy."

*"Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand." - Isaiah 41:10, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"The Lord our God holds this family's right hand, saying, 'Fear not, I will help you.' We take Him at His word today."

*"For I, the LORD your God, will hold your right hand, Saying to you, 'Fear not, I will help you.'" - Isaiah 41:13, NKJV*

### **DAY 18 - "The Shepherd Who Walks the Dark Valleys Too"**

*Why today matters: Not every day of this pregnancy will feel bright. This is the declaration for the ones that don't.*

#### **MOTHER'S DECLARATION**

"The Lord is my shepherd; I shall not want. I lack nothing that matters, because He is leading this pregnancy, not me."

*"The LORD is my shepherd; I shall not want." - Psalm 23:1, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"Even if we walk through a dark valley of worry or waiting, we will fear no evil, for You are with us. Your rod and Your staff, they comfort this family."

*"Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me." - Psalm 23:4, NKJV*

### **DAY 19 - "Love That Pushes Fear Out of the Room"**

*Why today matters: Fear and love can't both fill the same space forever. Today, love gets to win.*

#### **MOTHER'S DECLARATION**

"There is no fear in love. Perfect love casts out fear. I choose love over fear for this child, today and every day forward."

*"There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love." - 1 John 4:18, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"Weeping may endure for a night, but joy comes in the morning. Whatever tonight held, morning is coming, and joy is coming with it."

*"Weeping may endure for a night, But joy comes in the morning." - Psalm 30:5, NKJV*

### **DAY 20 - "The God Who Heals"**

*Why today matters: Every cell forming in this child today is forming under the watch of the God who heals.*

#### **MOTHER'S DECLARATION**

"Heal me, Lord, and I shall be healed. Save me, and I shall be saved, for You are my praise - over my body, and over this child's, today."

*"Heal me, O LORD, and I shall be healed; Save me, and I shall be saved, For You are my praise." - Jeremiah 17:14, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"I declare over this family: I am the Lord who heals you. Whatever needs healing in this pregnancy, You are already there."

*"For I am the LORD who heals you." - Exodus 15:26, NKJV*

#### **DAY 21 - "Every Benefit, Remembered"**

*Why today matters: Three weeks in. Today is for remembering everything God has already done, not just what's still ahead.*

#### **MOTHER'S DECLARATION**

"Bless the Lord, O my soul, and forget not all His benefits - who forgives, who heals all diseases, over this family, this week and every week."

*"Bless the LORD, O my soul, And forget not all His benefits... Who forgives all your iniquities, Who heals all your diseases." - Psalm 103:2-3, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"You show us the path of life. In Your presence is fullness of joy; at Your right hand are pleasures forevermore - even in this waiting season."

*"You will show me the path of life; In Your presence is fullness of joy; At Your right hand are pleasures forevermore." - Psalm 16:11, NKJV*

## **WEEK 4**

#### **DAY 22 - "Blessed Is She Who Believed"**

*Why today matters: Mary didn't understand everything the angel told her. She believed anyway - and that's the kind of faith this week is about.*

#### **MOTHER'S DECLARATION**

"Blessed am I, for I believe there will be a fulfillment of everything spoken over this child and this pregnancy. I don't need to understand it all. I only need to believe it."

*"Blessed is she who believed, for there will be a fulfillment of those things which were told her from the Lord." - Luke 1:45, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"With man, some things feel impossible - but with God, all things are possible. Whatever feels too hard about this pregnancy, it is not too hard for Him."

*"With men this is impossible, but with God all things are possible." - Matthew 19:26, NKJV*

#### **DAY 23 - "Joy at the Sound of This Child"**

*Why today matters: This child's arrival isn't just good news to you. It's good news that will ripple out to everyone who loves you.*

#### **MOTHER'S DECLARATION**

"This child will bring joy and gladness, and many will rejoice at their birth - not just us, but everyone this child's life will touch."

*"And you will have joy and gladness, and many will rejoice at his birth." - Luke 1:14, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"The Lord visits this family as He said, and does for us as He has spoken - the same faithful God who visited Sarah and did exactly what He promised her."

*"And the LORD visited Sarah as He had said, and the LORD did for Sarah as He had spoken." - Genesis 21:1-2, NKJV*

#### **DAY 24 - "A Joyful Mother, After the Waiting"**

*Why today matters: However long the road to this pregnancy was, today is about the joy on the other side of it.*

#### **MOTHER'S DECLARATION**

"He grants a home to the one who waited, and makes her a joyful mother of children. Praise the Lord - that joyful mother is me."

*"He grants the barren woman a home, Like a joyful mother of children. Praise the LORD!"  
- Psalm 113:9, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"By You, this child has already been upheld, even before birth. You are the One who will bring them out of the womb. Our praise is continually of You."

*"By You I have been upheld from birth; You are He who took me out of my mother's womb. My praise shall be continually of You." - Psalm 71:6, NKJV*

#### **DAY 25 - "Knit Together on Purpose"**

*Why today matters: Every bone, every sinew, every small forming part of this child is being knit together by hand, not by chance.*

#### **MOTHER'S DECLARATION**

"You clothe this child with skin and flesh, and knit them together with bones and sinews. You have granted them life and favor, and Your care preserves their spirit even now."

*"Clothe me with skin and flesh, And knit me together with bones and sinews? You have granted me life and favor, And Your care has preserved my spirit." - Job 10:11-12, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"In the day I cried out, You answered me, and made me bold with strength in my soul. I need that same boldness today, standing over my family."

*"In the day when I cried out, You answered me, And made me bold with strength in my soul." - Psalm 138:3, NKJV*

#### **DAY 26 - "Casting Every Care"**

*Why today matters: You don't have to carry every worry about this pregnancy by yourself all the way to your due date. Today, you get to put some of it down.*

#### **MOTHER'S DECLARATION**

"I cast all my care about this pregnancy upon You, Lord - every worry, every what-if - because You care for me."

*"Casting all your care upon Him, for He cares for you." - 1 Peter 5:7, NKJV*

### **FATHER'S / SECOND VOICE DECLARATION**

"Let the peace of God rule in our hearts today, in this home, in this family we're building - and let us be thankful, even before every answer comes."

*"And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful." - Colossians 3:15, NKJV*

### **DAY 27 - "Made New, Made Whole"**

*Why today matters: Whatever brokenness came before this pregnancy - in your body, your story, your fears - today is about what God makes new.*

### **MOTHER'S DECLARATION**

"In Christ, I am a new creation. Old fears have passed away. Behold, all things - including how I carry this pregnancy - have become new."

*"Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new." - 2 Corinthians 5:17, NKJV*

### **FATHER'S / SECOND VOICE DECLARATION**

"He heals the brokenhearted and binds up their wounds - every wound this family has carried into this pregnancy, He is already healing."

*"He heals the brokenhearted And binds up their wounds." - Psalm 147:3, NKJV*

### **DAY 28 - "Every Good Gift"**

*Why today matters: Four weeks of speaking life are behind you now. Today is for naming this child, and this whole journey, as exactly what it is: a gift.*

### **MOTHER'S DECLARATION**

"Every good gift and every perfect gift is from above, coming down from the Father of lights. This child is that gift, and I receive them with an open, grateful heart."

*"Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning." - James 1:17, NKJV*

## FATHER'S / SECOND VOICE DECLARATION

"The Lord is good; His mercy is everlasting, and His truth endures to all generations - including the generation this child is about to begin."

*"For the LORD is good; His mercy is everlasting, And His truth endures to all generations." - Psalm 100:5, NKJV*

## WEEK 5

### DAY 29 - "Dwelling in the Secret Place"

*Why today matters: There's a place of shelter that isn't a location - it's a posture of trust. This week starts there.*

#### MOTHER'S DECLARATION

"I dwell in the secret place of the Most High, and I abide under the shadow of the Almighty. I say of the Lord: He is my refuge and my fortress, and in Him I trust - for myself, and for this child."

*"He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. I will say of the LORD, 'He is my refuge and my fortress; My God, in Him I will trust.'" - Psalm 91:1-2, NKJV*

## FATHER'S / SECOND VOICE DECLARATION

"He covers this family with His feathers, and under His wings we take refuge. His truth is our shield and our buckler, today and every day."

*"He shall cover you with His feathers, And under His wings you shall take refuge; His truth shall be your shield and buckler." - Psalm 91:4, NKJV*

### DAY 30 - "Through Every Water, Every Fire"

*Why today matters: Whatever this pregnancy still has to pass through - hard appointments, hard nights, the unknown of delivery - this is the promise for it.*

#### MOTHER'S DECLARATION

"When I pass through the waters, He is with me. When I walk through the fire, I will not be burned, nor will the flame scorch me - not me, and not this child."

*"When you pass through the waters, I will be with you; And through the rivers, they shall not overflow you. When you walk through the fire, you shall not be burned, Nor shall the flame scorch you." - Isaiah 43:2, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"We call upon You, and You answer. You are with us in trouble, You deliver us, You honor us, and You satisfy us with life and show us Your salvation."

*"He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him. With long life I will satisfy him, And show him My salvation." - Psalm 91:15-16, NKJV*

#### **DAY 31 - "Angels Encamped, Goodness Tasted"**

*Why today matters: Protection isn't just a feeling. Scripture describes it as something real, standing guard, right now.*

#### **MOTHER'S DECLARATION**

"The angel of the Lord encamps all around this family, because we fear Him, and He delivers us."

*"The angel of the LORD encamps all around those who fear Him, And delivers them." - Psalm 34:7, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"Oh, taste and see that the Lord is good. Blessed is this family, because we trust in Him."

*"Oh, taste and see that the LORD is good; Blessed is the man who trusts in Him!" - Psalm 34:8, NKJV*

#### **DAY 32 - "Delight, Commit, Trust"**

*Why today matters: You don't have to force this pregnancy toward the outcome you want. You get to delight, commit, and trust - and let Him bring it to pass.*

#### **MOTHER'S DECLARATION**

"I delight myself in the Lord today, and He gives me the desires of my heart - for this pregnancy, for this child, for what's still ahead."

*"Delight yourself also in the LORD, And He shall give you the desires of your heart." - Psalm 37:4, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"I commit our way to the Lord. I trust also in Him, and He shall bring it to pass - every part of this pregnancy we can't control ourselves."

*"Commit your way to the LORD, Trust also in Him, And He shall bring it to pass." - Psalm 37:5, NKJV*

### **DAY 33 - "All Things Working Together"**

*Why today matters: Not every day of this pregnancy will feel good. This is the promise for those days specifically.*

#### **MOTHER'S DECLARATION**

"I know that all things work together for good for those who love God, who are called according to His purpose - including every hard day of this pregnancy."

*"And we know that all things work together for good to those who love God, to those who are the called according to His purpose." - Romans 8:28, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"If God is for this family, who can be against us? Not fear, not doubt, not anything this pregnancy brings."

*"If God is for us, who can be against us?" - Romans 8:31, NKJV*

### **DAY 34 - "Strength in Joy"**

*Why today matters: Some days, joy feels like the last thing you have strength for. Today's declaration says it's actually the source of it.*

#### **MOTHER'S DECLARATION**

"I will not sorrow today, for the joy of the Lord is my strength - even on the tired days, even on the hard ones."

*"Do not sorrow, for the joy of the LORD is your strength." - Nehemiah 8:10, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"To Him who is able to do exceedingly abundantly above all we ask or think, according to the power that works in us - we trust You for more than we know how to ask for."

*"Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us." - Ephesians 3:20, NKJV*

#### **DAY 35 - "Written Before a Single Day"**

*Why today matters: Five weeks of speaking life are behind you now. Today is for remembering this child's story was already written before you started speaking it.*

#### **MOTHER'S DECLARATION**

"Your eyes saw this child's substance, being yet unformed. In Your book, all their days were already written, before there was even one of them."

*"Your eyes saw my substance, being yet unformed. And in Your book they all were written, The days fashioned for me, When as yet there were none of them." - Psalm 139:16, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"Eye has not seen, nor ear heard, nor has it entered into our hearts, the things God has already prepared for this child - because we love Him, and this child is already loved by Him too."

*"Eye has not seen, nor ear heard, Nor have entered into the heart of man The things which God has prepared for those who love Him." - 1 Corinthians 2:9, NKJV*

## **WEEK 6**

#### **DAY 36 - "Perfect Peace, Anxious for Nothing"**

*Why today matters: Peace isn't the absence of things to worry about. It's a mind fixed on something steadier than the worry.*

## MOTHER'S DECLARATION

"You keep this family in perfect peace, because our minds are stayed on You, because we trust in You - not in how this pregnancy is going, but in You."

*"You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You." - Isaiah 26:3, NKJV*

## FATHER'S / SECOND VOICE DECLARATION

"I am anxious for nothing today. In everything, by prayer and supplication, with thanksgiving, I bring this pregnancy and this child before God."

*"Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God." - Philippians 4:6, NKJV*

## DAY 37 - "Kept Going Out, Kept Coming In"

*Why today matters: God's keeping isn't occasional. It covers the ordinary comings and goings of an entire pregnancy.*

## MOTHER'S DECLARATION

"He will not allow my foot to be moved. He who keeps me will not slumber - not for one night of this pregnancy."

*"He will not allow your foot to be moved; He who keeps you will not slumber." - Psalm 121:3-4, NKJV*

## FATHER'S / SECOND VOICE DECLARATION

"The Lord shall preserve this family from all evil. He shall preserve our going out and our coming in, from this time forth, and even forevermore."

*"The LORD shall preserve you from all evil; He shall preserve your soul. The LORD shall preserve your going out and your coming in From this time forth, and even forevermore." - Psalm 121:7-8, NKJV*

## DAY 38 - "Strength for the Weak, Never Forsaken"

*Why today matters: Some days you'll feel strong. Some days you won't. Both are covered by the same promise.*

## MOTHER'S DECLARATION

"He gives power to the weak, and to those who have no strength, He increases it. On the days I feel like I have nothing left, He is not finished with me."

*"He gives power to the weak, And to those who have no might He increases strength." - Isaiah 40:29, NKJV*

## FATHER'S / SECOND VOICE DECLARATION

"He Himself has said: I will never leave you nor forsake you. Not this family, not this child, not for one single day."

*"For He Himself has said, 'I will never leave you nor forsake you.'" - Hebrews 13:5, NKJV*

## DAY 39 - "Everlasting Arms, Every Burden Cast"

*Why today matters: You don't have to hold this pregnancy up by yourself. There's something underneath you, holding you.*

## MOTHER'S DECLARATION

"The eternal God is my refuge, and underneath are the everlasting arms - holding me, holding this child, today."

*"The eternal God is your refuge, And underneath are the everlasting arms." - Deuteronomy 33:27, NKJV*

## FATHER'S / SECOND VOICE DECLARATION

"I cast my burden on the Lord today, and He shall sustain me. He will not let this family be shaken."

*"Cast your burden on the LORD, And He shall sustain you; He shall never permit the righteous to be moved." - Psalm 55:22, NKJV*

## DAY 40 - "Fully Known, Fully Purposed"

*Why today matters: You are known completely - not just by this child, but by the God who already sees the whole story.*

## MOTHER'S DECLARATION

"Lord, You have searched me and known me. You know my sitting down and my rising up, even in this season of waiting and carrying."

*"O LORD, You have searched me and known me. You know my sitting down and my rising up." - Psalm 139:1-2, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"May He grant this family according to our heart's desire, and fulfill every purpose He has for this child's life."

*"May He grant you according to your heart's desire, And fulfill all your purpose." - Psalm 20:4, NKJV*

#### **DAY 41 - "Trained Up, Prospering in Health"**

*Why today matters: The way you speak over this child today is already shaping the path they'll walk tomorrow.*

#### **MOTHER'S DECLARATION**

"I will train this child up in the way they should go, and when they are old, they will not depart from it. That training starts today, in the womb, with these very words."

*"Train up a child in the way he should go, And when he is old he will not depart from it." - Proverbs 22:6, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"I pray this child prospers in all things and is in health, just as their soul will prosper. Body, mind, and spirit - all covered."

*"Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers." - 3 John 1:2, NKJV*

#### **DAY 42 - "Precious, Honored, Loved"**

*Why today matters: Six weeks of speaking life are behind you now. Today is for remembering exactly why this child is worth every single one of them.*

#### **MOTHER'S DECLARATION**

"Surely He shall deliver this child from every snare, from every hidden danger, seen and unseen."

*"Surely He shall deliver you from the snare of the fowler And from the perilous pestilence." - Psalm 91:3, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"Since you were precious in His sight, you have been honored, and He has loved you - before we ever knew your name, He already did."

*"Since you were precious in My sight, You have been honored, And I have loved you." - Isaiah 43:4, NKJV*

## **WEEK 7**

### **DAY 43 - "Guided By His Eye"**

*"I will instruct you and teach you in the way you should go; I will guide you with My eye." - Psalm 32:8, NKJV*

**Mother's:** "You instruct me and teach me the way I should go with this pregnancy. I don't have to see the whole path - You're guiding me with Your eye."

**Father's:** "I trust You to guide this family in the way we should go, one day at a time, one decision at a time."

### **DAY 44 - "Call, and He Will Answer"**

*"Call to Me, and I will answer you, and show you great and mighty things, which you do not know." - Jeremiah 33:3, NKJV*

**Mother's:** "I call on You today, and I trust You to answer - even about the things I don't know to ask for yet."

**Father's:** "Show us great and mighty things concerning this child, things we could never have known or planned for ourselves."

### **DAY 45 - "Kept From Every Harm"**

*"The LORD is your keeper; The LORD is your shade at your right hand. The sun shall not strike you by day, Nor the moon by night." - Psalm 121:5-6, NKJV*

**Mother's:** "The Lord is my keeper. He is my shade in every heat of this pregnancy, every hard hour."

**Father's:** "Nothing by day and nothing by night will strike this family without His shade covering us first."

### **DAY 46 - "A Child Is Born, A Son Is Given"**

*"For unto us a Child is born, Unto us a Son is given; And the government will be upon His shoulder. And His name will be called Wonderful, Counselor, Mighty God, Everlasting Father, Prince of Peace." - Isaiah 9:6, NKJV*

**Mother's:** "This verse first spoke of Christ Himself - but the same God who sent His Son into the world is sending this child into ours, known and named before they arrive."

**Father's:** "I speak wonder and counsel and peace over this child's life, in the name of the One this verse first belonged to."

### **DAY 47 - "Good Tidings of Great Joy"**

*"Then the angel said to them, 'Do not be afraid, for behold, I bring you good tidings of great joy which will be to all people. For there is born to you this day in the city of David a Savior, who is Christ the Lord.'" - Luke 2:10-11, NKJV*

**Mother's:** "Do not be afraid. What's coming for our family is good tidings, not dread - great joy, not disaster."

**Father's:** "Just as heaven announced one birth with joy, I announce this one the same way: with joy, not fear."

### **DAY 48 - "Like Olive Plants Around the Table"**

*"Your wife shall be like a fruitful vine In the very heart of your house, Your children like olive plants All around your table." - Psalm 128:3, NKJV*

**Mother's:** "I picture this table, this home, full - this child like a young olive plant, growing right where we can see them every day."

**Father's:** "I receive this picture of our home, full of life, this child planted right at the center of it."

## DAY 49 - "Strong and of Good Courage" (closing week 7)

*"Be strong and of good courage, and do it; do not fear nor be dismayed, for the LORD God - my God - will be with you. He will not leave you nor forsake you." - 1 Chronicles 28:20, NKJV*

**Mother's:** "Be strong and of good courage - not because the work ahead is small, but because God Himself will be with me through every part of it."

**Father's:** "He will not leave this family, nor forsake us, until every part of this pregnancy is finished exactly as it should be."

## WEEK 8

## DAY 50 - "Rejoicing in the Shadow of His Wings"

*"Because You have been my help, Therefore in the shadow of Your wings I will rejoice." - Psalm 63:7, NKJV*

**Mother's:** "You have already been my help through this pregnancy. In the shadow of Your wings, I choose to rejoice today, not just cope."

**Father's:** "I speak rejoicing over this family, under the shadow of the same wings that have already helped us."

## DAY 51 - "Before They Call, He Answers"

*"It shall come to pass That before they call, I will answer; And while they are still speaking, I will hear." - Isaiah 65:24, NKJV*

**Mother's:** "Before I even finish asking, You are already answering. I don't have to beg for Your attention over this child."

**Father's:** "While we are still speaking our fears, He is already hearing and already answering them."

## DAY 52 - "Peace, Not as the World Gives"

*"Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid." - John 14:27, NKJV*

**Mother's:** "This peace isn't the shaky kind the world offers. It's Christ's own peace, and I receive it over my heart today."

**Father's:** "Let our hearts not be troubled, and let them not be afraid - not about this pregnancy, not about anything ahead."

### DAY 53 - "Good Cheer, Even in Tribulation"

*"In the world you will have tribulation; but be of good cheer, I have overcome the world." - John 16:33, NKJV*

**Mother's:** "Whatever hard days this pregnancy still holds, I will be of good cheer - because He has already overcome whatever I'm facing."

**Father's:** "I speak courage over this family in every hard moment ahead, because the victory over it is already won."

### DAY 54 - "Ask, and It Will Be Given"

*"Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you." - Matthew 7:7, NKJV*

**Mother's:** "I ask today, believing I will receive - for this child's health, for peace over this pregnancy, for everything this family needs."

**Father's:** "We seek You today, and we trust You to open exactly what this family needs, exactly when we need it."

### DAY 55 - "Believe That You Receive"

*"Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them." - Mark 11:24, NKJV*

**Mother's:** "When I pray over this child, I believe I have already received what I'm asking for - not hoping from a distance, but receiving now."

**Father's:** "I pray over this family today believing, not doubting - and I trust the answer is already on its way."

### DAY 56 - "I Know Whom I Have Believed" (closing week 8)

*"For this reason I also suffer these things; nevertheless I am not ashamed, for I know whom I have believed and am persuaded that He is able to keep what I have committed to Him until that Day." - 2 Timothy 1:12, NKJV*

**Mother's:** "I know whom I have believed. Whatever this pregnancy still asks of me, I am persuaded He can keep what I've entrusted to Him - including this child."

**Father's:** "I commit this child into His hands today, fully persuaded He is able to keep them, now and for every day still ahead."

## WEEK 9

### DAY 57 - "The Substance of Things Hoped For"

*"Now faith is the substance of things hoped for, the evidence of things not seen." - Hebrews 11:1, NKJV*

**Mother's:** "I don't need to see how this pregnancy ends to have faith for it. Faith is already the substance of what I'm hoping for."

**Father's:** "I speak faith over what we can't yet see in this child's future - faith is already the evidence we're standing on."

### DAY 58 - "Grace to Help in Time of Need"

*"Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need." - Hebrews 4:16, NKJV*

**Mother's:** "I come boldly today, not timidly - I need grace for this exact moment, and I trust I'll find it."

**Father's:** "Whatever this family needs right now, I believe grace is already there to meet it."

### DAY 59 - "Rejoice Always, Give Thanks"

*"Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you." - 1 Thessalonians 5:16-18, NKJV*

**Mother's:** "I choose to rejoice today, even in the tired and uncertain parts of this pregnancy - because this, too, is His will for me."

**Father's:** "I give thanks over this family in everything, not just the easy things - that's exactly what He's asked of us."

### DAY 60 - "Not Growing Weary"

*"And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart." - Galatians 6:9, NKJV*

**Mother's:** "I won't grow weary of speaking life daily, even on the days it feels repetitive - the harvest is coming."

**Father's:** "I speak endurance over this family's faith in this season - we will not lose heart before the reaping."

### **DAY 61 - "Daily Loaded With Benefits"**

*"Blessed be the Lord, Who daily loads us with benefits, The God of our salvation!" - Psalm 68:19, NKJV*

**Mother's:** "Every single day, He is loading this family with benefits, whether I notice them all or not."

**Father's:** "Blessed be the Lord over this pregnancy - daily benefits, daily provision, daily care."

### **DAY 62 - "No Good Thing Withheld"**

*"For the LORD God is a sun and shield; The LORD will give grace and glory; No good thing will He withhold From those who walk uprightly." - Psalm 84:11, NKJV*

**Mother's:** "No good thing will He withhold from this family - not grace, not glory, not what this child needs to thrive."

**Father's:** "He is our sun and our shield today - nothing good for this child will be held back."

### **DAY 63 - "This Is the Way, Walk in It" (closing week 9)**

*"Your ears shall hear a word behind you, saying, 'This is the way, walk in it,' Whenever you turn to the right hand Or whenever you turn to the left." - Isaiah 30:21, NKJV*

**Mother's:** "Even when I don't know which way to turn in this pregnancy, I trust I'll hear His voice showing me the way."

**Father's:** "We won't have to guess our way through this season - He's already promised to speak, and to guide."

###

## WEEK 10

### DAY 64 - "Show Me Your Ways"

*"Show me Your ways, O LORD; Teach me Your paths. Lead me in Your truth and teach me, For You are the God of my salvation." - Psalm 25:4-5, NKJV*

**Mother's:** "Teach me Your ways for this pregnancy, Lord - I don't need to figure this out on my own."

**Father's:** "Lead this family in Your truth, especially in the decisions ahead that we can't yet see clearly."

### DAY 65 - "Not by Might, But by His Spirit"

*"This is the word of the LORD to Zerubbabel: Not by might nor by power, but by My Spirit,' Says the LORD of hosts." - Zechariah 4:6, NKJV*

**Mother's:** "This pregnancy won't be carried by my own strength. It's carried by His Spirit, not my willpower."

**Father's:** "Not by our might or our planning, but by His Spirit - that's what will carry this family through."

### DAY 66 - "You Are My Hiding Place"

*"You are my hiding place; You shall preserve me from trouble; You shall surround me with songs of deliverance." - Psalm 32:7, NKJV*

**Mother's:** "You are my hiding place today. Whatever trouble tries to reach this pregnancy, You preserve me from it."

**Father's:** "I speak songs of deliverance surrounding this family, not silence and not fear."

### DAY 67 - "Feet Set Upon a Rock"

*"I waited patiently for the LORD; And He inclined to me, And heard my cry. He also brought me up out of a horrible pit, Out of the miry clay, And set my feet upon a rock, And established my steps." - Psalm 40:1-2, NKJV*

**Mother's:** "I've waited patiently through parts of this pregnancy, and He has heard every cry. My steps are being established on solid ground."

**Father's:** "Wherever this family has felt stuck, He is setting our feet on a rock, not sinking sand."

### DAY 68 - "Though It Tarries, Wait for It"

*"For the vision is yet for an appointed time... Though it tarries, wait for it; Because it will surely come, It will not tarry." - Habakkuk 2:3, NKJV*

**Mother's:** "This due date, this delivery - it has an appointed time. Even if it feels far off, it will surely come."

**Father's:** "Whatever we're still waiting for in this pregnancy, it will not be late. It is already appointed."

### DAY 69 - "Gently Leading Those With Young"

*"He will feed His flock like a shepherd; He will gather the lambs with His arm, And carry them in His bosom, And gently lead those who are with young." - Isaiah 40:11, NKJV*

**Mother's:** "He gently leads those who are with young - that's me, right now, today. He isn't rushing me."

**Father's:** "I speak gentleness over this season for you - carried, not rushed; led, not driven."

### DAY 70 - "Come to Me, and I Will Give You Rest" (closing week 10)

*"Come to Me, all you who labor and are heavy laden, and I will give you rest." - Matthew 11:28, NKJV*

**Mother's:** "I come to You today, tired from carrying this pregnancy, and I receive Your rest, not just more striving."

**Father's:** "Whatever weight this family has carried these ten weeks, I bring it to Him today and receive rest in exchange."

## WEEK 11

### DAY 71 - "All Things Pertaining to Life"

*"As His divine power has given to us all things that pertain to life and godliness, through the knowledge of Him who called us by glory and virtue." - 2 Peter 1:3, NKJV*

**Mother's:** "Everything this child needs for life has already been provided by His divine power - I'm not starting from lack."

**Father's:** "We are not missing anything for this season. Everything pertaining to life has already been given."

## **DAY 72 - "According to His Riches in Glory"**

*"And my God shall supply all your need according to His riches in glory by Christ Jesus." - Philippians 4:19, NKJV*

**Mother's:** "Every need this pregnancy brings, He supplies - not from scarcity, but from His riches in glory."

**Father's:** "I speak provision over this family according to His riches, not according to our own limits."

## **DAY 73 - "My Soul Waits Silently"**

*"Truly my soul silently waits for God; From Him comes my salvation." - Psalm 62:1-2, NKJV*

**Mother's:** "My soul doesn't have to strive today. It can wait silently, because my help is already coming from Him."

**Father's:** "I speak stillness over this family today - waiting isn't wasted when it's waiting on Him."

## **DAY 74 - "According to His Will, He Hears Us"**

*"Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us." - 1 John 5:14, NKJV*

**Mother's:** "I pray with confidence today, not uncertainty - He hears me when I ask according to His will for this child."

**Father's:** "We ask boldly over this pregnancy, trusting He hears every request spoken in line with His will."

## **DAY 75 - "Strengthened With All Might"**

*"Strengthened with all might, according to His glorious power, for all patience and longsuffering with joy." - Colossians 1:11, NKJV*

**Mother's:** "I am strengthened today with His might, not my own - enough for patience, enough for joy, even now."

**Father's:** "I speak strength and patience over this family, sourced in His glorious power, not our own endurance."

### DAY 76 - "Not Afraid of the Terror by Night"

*"You shall not be afraid of the terror by night, Nor of the arrow that flies by day." - Psalm 91:5-6, NKJV*

**Mother's:** "Whatever tries to frighten me at night about this pregnancy, I will not be afraid of it."

**Father's:** "Night and day, this family is covered - nothing hidden in darkness has permission to disturb our peace."

### DAY 77 - "Our Help and Our Shield" (closing week 11)

*"Our soul waits for the LORD; He is our help and our shield." - Psalm 33:20, NKJV*

**Mother's:** "Eleven weeks in, my soul still waits for Him - He has been my help and shield through every single one of them."

**Father's:** "He has been our help and our shield this whole season, and we trust Him to remain exactly that."

## WEEK 12

### DAY 78 - "Unless the Lord Builds the House"

*"Unless the LORD builds the house, They labor in vain who build it; Unless the LORD guards the city, The watchman stays awake in vain." - Psalm 127:1, NKJV*

**Mother's:** "This family isn't being built by my effort alone. Unless He builds it, all my planning is in vain - so I hand the building over to Him."

**Father's:** "I speak over this home: the Lord is the builder here, not us. What He builds will stand."

## DAY 79 - "Faithful for a Thousand Generations"

*"Therefore know that the LORD your God, He is God, the faithful God who keeps covenant and mercy for a thousand generations with those who love Him and keep His commandments." - Deuteronomy 7:9, NKJV*

**Mother's:** "His faithfulness doesn't stop with me. It reaches a thousand generations forward - including this child, and whoever comes after them."

**Father's:** "I speak generational faithfulness over this family's future - not just for this child, but for every generation still to come from them."

## DAY 80 - "Commit Your Works"

*"Commit your works to the LORD, And your thoughts will be established." - Proverbs 16:3, NKJV*

**Mother's:** "I commit this pregnancy, this delivery, this whole plan to You today - and I trust my thoughts and worries will settle because of it."

**Father's:** "We commit every part of this family's path to the Lord, trusting Him to establish what we can't fully plan for."

## DAY 81 - "The Lord Directs His Steps"

*"A man's heart plans his way, But the LORD directs his steps." - Proverbs 16:9, NKJV*

**Mother's:** "I can make plans for this pregnancy and this birth, but I trust Him to direct the actual steps, even when they differ from my plan."

**Father's:** "Whatever we've planned for this family, we release the actual steps into His hands to direct."

## DAY 82 - "Ask, and Wisdom Will Be Given"

*"If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him." - James 1:5, NKJV*

**Mother's:** "I don't have to already know how to parent this child. I ask for wisdom today, and I trust it will be given, freely, without shame."

**Father's:** "We ask for wisdom for every decision still ahead of us - He gives generously, not grudgingly."

## DAY 83 - "Love Suffers Long and Is Kind"

*"Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up." - 1 Corinthians 13:4, NKJV*

**Mother's:** "I speak this kind of patient, kind love over this child's life - the kind that isn't proud, the kind that endures."

**Father's:** "I commit to loving this child with a patient, enduring love - not a love that gives up when it's hard."

### **DAY 84 - "The Fruit of the Spirit" (closing week 12)**

*"But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control." - Galatians 5:22-23, NKJV*

**Mother's:** "I speak every piece of this fruit over our home - love, joy, peace, patience - growing here long before this child even arrives."

**Father's:** "This is the fruit we want growing in this family, starting now: love, joy, peace, and everything after it."

## **WEEK 13**

### **DAY 85 - "Abound in Hope"**

*"Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit." - Romans 15:13, NKJV*

**Mother's:** "I ask to be filled with joy and peace today, not because everything is settled, but because I'm believing - and I trust hope to overflow from that."

**Father's:** "I speak abounding hope over this family, powered by the Holy Spirit, not by our own optimism."

### **DAY 86 - "Be Still"**

*"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth!" - Psalm 46:10, NKJV*

**Mother's:** "I stop striving today. I be still, and I remember: He is God, and I don't have to carry what only He can hold."

**Father's:** "We let go of trying to control every part of this pregnancy today, and we let Him be

exalted over it instead."

### DAY 87 - "A Stronghold in the Day of Trouble"

*"The LORD is good, A stronghold in the day of trouble; And He knows those who trust in Him." - Nahum 1:7, NKJV*

**Mother's:** "On my hardest day, He is still good, and He is still a stronghold - and He knows me by name."

**Father's:** "Whatever trouble tries to visit this family, He already knows us, and He is already our stronghold in it."

### DAY 88 - "Good to Those Who Wait"

*"The LORD is good to those who wait for Him, To the soul who seeks Him." - Lamentations 3:25, NKJV*

**Mother's:** "This waiting season isn't wasted. He is good to me in it, not just at the end of it."

**Father's:** "We seek Him in this season of waiting, trusting His goodness meets us in the waiting itself."

### DAY 89 - "When I Fall, I Will Arise"

*"Do not rejoice over me, my enemy; When I fall, I will arise; When I sit in darkness, The LORD will be a light to me." - Micah 7:8, NKJV*

**Mother's:** "If I stumble in this season - physically, emotionally, in faith - I will arise. Darkness doesn't get the final say."

**Father's:** "Whatever darkness this family sits in for a season, the Lord will be our light in it, and we will arise."

### DAY 90 - "Not Forsaken"

*"The LORD also will be a refuge for the oppressed, A refuge in times of trouble. And those who know Your name will put their trust in You; For You, LORD, have not forsaken those who seek You." - Psalm 9:9-10, NKJV*

**Mother's:** "I know Your name, and I put my trust in You today - You have not forsaken me, and You will not forsake this child."

**Father's:** "We are not forsaken. Whatever trouble comes, He is our refuge in the middle of it, not just after it."

## DAY 91 - "What Can Man Do to Me?" (closing week 13)

*"The LORD is on my side; I will not fear. What can man do to me?" - Psalm 118:6, NKJV*

**Mother's:** "The Lord is on my side. I will not fear opinions, comparisons, or worst-case scenarios about this pregnancy."

**Father's:** "We will not fear what people say or think about this family's journey - the Lord is on our side."

## WEEK 14

### DAY 92 - "The Battle Is Not Yours"

*"Do not be afraid nor dismayed because of this great multitude, for the battle is not yours, but God's." - 2 Chronicles 20:15, NKJV*

**Mother's:** "Whatever feels like a great multitude against me right now - fear, pressure, uncertainty - this battle isn't mine to fight alone. It's His."

**Father's:** "We are not dismayed by what looks overwhelming, because we know this battle belongs to God, not to us."

### DAY 93 - "Rooted, Built Up, Established"

*"Rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving." - Colossians 2:7, NKJV*

**Mother's:** "I am rooted in Him today, not in circumstances. Whatever shifts around me, my roots stay steady in Christ."

**Father's:** "We build this family established in faith, abounding with thanksgiving, not anxiety."

### DAY 94 - "Near to All Who Call"

*"The LORD is near to all who call upon Him, To all who call upon Him in truth." - Psalm 145:18, NKJV*

**Mother's:** "He is near to me right now, not distant, not delayed - near, because I call on Him in truth."

**Father's:** "We call on Him today, trusting He is already near, already listening, already close to this family."

## DAY 95 - "Near to the Brokenhearted"

*"The LORD is near to those who have a broken heart, And saves such as have a contrite spirit." - Psalm 34:18, NKJV*

**Mother's:** "On the days my heart feels heavy in this pregnancy, He is nearest then - not furthest."

**Father's:** "Whatever grief or weariness this season brings, He draws closest exactly there, not away from it."

## DAY 96 - "As a Mother Comforts"

*"As one whom his mother comforts, So I will comfort you; And you shall be comforted." - Isaiah 66:13, NKJV*

**Mother's:** "The comfort I hope to give this child one day, He is already giving to me - as tenderly as a mother comforts her own."

**Father's:** "We receive His comfort today, the same tender kind we hope this child will always know from us."

## DAY 97 - "Under Whose Wings"

*"The LORD repay your work, and a full reward be given you by the LORD God of Israel, under whose wings you have come for refuge." - Ruth 2:12, NKJV*

**Mother's:** "I have come under His wings for refuge, and I trust a full reward is already being prepared, even for the parts of this journey no one else sees."

**Father's:** "This family has taken refuge under His wings, and we trust He rewards faithfulness, even the quiet, unseen kind."

## DAY 98 - "Upheld from Birth" (closing week 14)

*"For You are my hope, O Lord GOD; You are my trust from my youth. By You I have been upheld from birth; You are He who took me out of my mother's womb." - Psalm 71:5-6, NKJV*

**Mother's:** "Just as You upheld me from my own birth, You are already upholding this child, even now, before they've taken a single breath."

**Father's:** "The same God who took each of us from our mother's womb is the God already holding this child steady."

## WEEK 15

### DAY 99 - "How Precious Are Your Thoughts"

*"How precious also are Your thoughts to me, O God! How great is the sum of them! If I should count them, they would be more in number than the sand; When I awake, I am still with You." - Psalm 139:17-18, NKJV*

**Mother's:** "His thoughts toward this child are more than I could ever count - and every time I wake, He's still thinking them."

**Father's:** "We rest in how much thought and love has already gone into this child's life, more than we could ever number."

### DAY 100 - "God of All Comfort" (100 declarations!)

*"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our tribulation." - 2 Corinthians 1:3-4, NKJV*

**Mother's:** "One hundred days of speaking life, and He has been the God of all comfort through every single one of them."

**Father's:** "Whatever tribulation this family faces ahead, we already know the God who comforts - because He's proven it these hundred days."

### DAY 101 - "I Shall Not Be Moved"

*"I have set the LORD always before me; Because He is at my right hand I shall not be moved." - Psalm 16:8, NKJV*

**Mother's:** "I set Him before me today - not my fears, not my to-do list. With Him at my right hand, I will not be shaken."

**Father's:** "This family will not be moved, because we keep Him set before us, steady at our right hand."

### DAY 102 - "Dwell in Safety"

*"I will both lie down in peace, and sleep; For You alone, O LORD, make me dwell in safety." - Psalm 4:8, NKJV*

**Mother's:** "Tonight I will lie down in peace, not in worry - because You alone make me dwell safely, not my own vigilance."

**Father's:** "We rest tonight trusting He alone keeps this family safe, not our own watching."

### DAY 103 - "A Time for Every Purpose"

*"To everything there is a season, A time for every purpose under heaven." - Ecclesiastes 3:1, NKJV*

**Mother's:** "This season of waiting has its own purpose. I don't have to rush it or resent it - it's the right time for exactly this."

**Father's:** "We trust there's a purpose to this exact season, even the slow parts, even the waiting."

### DAY 104 - "The Breath of the Almighty"

*"The Spirit of God has made me, And the breath of the Almighty gives me life." - Job 33:4, NKJV*

**Mother's:** "This child's very breath will come from the same Almighty who gives breath to us all - life itself is His to give."

**Father's:** "We speak over this child: your life, your breath, your very being comes from the Almighty, not by accident."

### DAY 105 - "Mourning Into Dancing" (closing week 15)

*"You have turned for me my mourning into dancing; You have put off my sackcloth and clothed me with gladness, To the end that my glory may sing praise to You and not be silent." - Psalm 30:11-12, NKJV*

**Mother's:** "Whatever mourning this pregnancy has held - fear, loss, hard nights - I trust He is already turning it into dancing."

**Father's:** "We will not stay silent. Whatever sorrow this season carried, we trust it's being turned into something worth singing about."

## WEEK 16

### DAY 106 - "Increased in Wisdom and Stature"

*"And Jesus increased in wisdom and stature, and in favor with God and men." - Luke 2:52, NKJV*

**Mother's:** "I speak this over you, little one: you will increase in wisdom and stature, growing in favor with God and with people all your days."

**Father's:** "I declare that your growth will not be only in body, but in wisdom - and that favor will follow you into every room you enter."

### **DAY 107 - "Grew in Stature and Favor"**

*"And the child Samuel grew in stature, and in favor both with the Lord and men." - 1 Samuel 2:26, NKJV*

**Mother's:** "Just as Samuel grew in favor with both God and man, I speak that same growth over your life - known by God, and welcomed by people."

**Father's:** "You will not be overlooked. You will grow into favor, not obscurity - seen by God first, and then by everyone around you."

### **DAY 108 - "Enlarge My Territory"**

*"Oh, that You would bless me indeed, and enlarge my territory, that Your hand would be with me, and that You would keep me from evil, that I may not cause pain!" So God granted him what he requested." - 1 Chronicles 4:10, NKJV*

**Mother's:** "I pray this exact prayer over you: bless this child indeed. Enlarge their territory. Let Your hand be with them all their days."

**Father's:** "I speak enlarged territory over your future - more room, more reach, more impact than we could plan for you ourselves."

### **DAY 109 - "For Such a Time as This"**

*"Yet who knows whether you have come to the kingdom for such a time as this?" - Esther 4:14, NKJV*

**Mother's:** "You were not born by accident, into some random moment. You are here for such a time as this - a specific purpose, a specific generation."

**Father's:** "I speak destiny over the exact era you are entering. This time was chosen for you, and you were chosen for this time."

### **DAY 110 - "Declare Your Strength to This Generation"**

*"Now also when I am old and grayheaded, O God, do not forsake me, Until I declare Your strength to this generation, Your power to everyone who is to come." - Psalm 71:17-18, NKJV*

**Mother's:** "I pray this child lives long enough, and boldly enough, to declare God's strength to their own generation, and to the ones still coming after."

**Father's:** "I speak a long, purposeful life over you - one that doesn't fade quietly, but declares His power to everyone who is to come."

### DAY 111 - "The Head and Not the Tail"

*"And the LORD will make you the head and not the tail; you shall be above only, and not be beneath." - Deuteronomy 28:13, NKJV*

**Mother's:** "I speak headship over your life, not the position of being last, overlooked, or left behind - you were made to lead."

**Father's:** "You will be above, not beneath. Whatever room you walk into, you carry a head-position, not a tail-position - by God's design, not by striving."

### DAY 112 - "Mighty on Earth" (closing week 16)

*"His descendants will be mighty on earth; The generation of the upright will be blessed." - Psalm 112:2, NKJV*

**Mother's:** "I speak might over your generation, and blessing over everyone who comes from you, because of the uprightness we're planting now."

**Father's:** "This family's generation will be blessed, not cursed - mighty on the earth, because we chose to raise you in the fear of the Lord."

## WEEK 17

### DAY 113 - "The Lord Was With Joseph"

*"The LORD was with Joseph, and he was a successful man." - Genesis 39:2-3, NKJV*

**Mother's:** "Wherever life takes you - favor or hardship, ease or difficulty - the Lord will be with you, and you will be successful in His hand."

**Father's:** "I speak the presence of God over your career, your calling, your work - success

isn't the goal, His presence is, and success follows it."

### DAY 114 - "Knowledge and Skill"

*"As for these four young men, God gave them knowledge and skill in all literature and wisdom." - Daniel 1:17, NKJV*

**Mother's:** "I speak sharp mind and skilled hands over your future - knowledge that isn't just learned, but given."

**Father's:** "Whatever field you're called to, I declare God-given skill over it - not average, but exceptional."

### DAY 115 - "Ten Times Better"

*"And in all matters of wisdom and understanding about which the king examined them, he found them ten times better than all the magicians and astrologers who were in all his realm." - Daniel 1:20, NKJV*

**Mother's:** "I speak excellence over you - not just good enough, but standing out, the way Daniel and his friends stood out among everyone else."

**Father's:** "Wherever you're tested or measured, I declare you'll be found ten times better - not by pride, but by the wisdom God gives freely."

### DAY 116 - "A Man in Whom Is the Spirit of God"

*"'Can we find such a one as this, a man in whom is the Spirit of God?' Then Pharaoh said to Joseph, 'Inasmuch as God has shown you all this, there is no one as discerning and wise as you.'" - Genesis 41:38-39, NKJV*

**Mother's:** "I speak discernment over your life - the kind people notice, the kind that makes even powerful people take note."

**Father's:** "I declare the Spirit of God will be evident in you - visible to others, not hidden, not average."

### DAY 117 - "Shines Ever Brighter"

*"But the path of the just is like the shining sun, That shines ever brighter unto the perfect day." - Proverbs 4:18, NKJV*

**Mother's:** "I speak a life that gets brighter with time, not dimmer - every year adding more light, not less."

**Father's:** "Your path won't fade as you grow older. It will shine brighter and brighter, all the way to the perfect day."

### DAY 118 - "Whatever He Does Shall Prosper"

*"He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper." - Psalm 1:3, NKJV*

**Mother's:** "I speak deep roots over your life - planted, not scattered - bearing fruit in its right season, never withering."

**Father's:** "Whatever you set your hand to, I declare it will prosper - because your roots will run deep into Him."

### DAY 119 - "Good Success" (closing week 17)

*"This Book of the Law shall not depart from your mouth... For then you will make your way prosperous, and then you will have good success." - Joshua 1:8, NKJV*

**Mother's:** "I speak His Word over your mouth from the very beginning - that it would shape your way, and lead you to good success."

**Father's:** "I declare prosperity and good success over your path - not the world's version, but the kind that comes from walking in His Word."

## WEEK 18

### DAY 120 - "None Like You"

*"Behold, I have done according to your words; see, I have given you a wise and understanding heart, so that there has not been anyone like you before you, nor shall any like you arise after you." - 1 Kings 3:12, NKJV*

**Mother's:** "I speak a wise and understanding heart over you - a heart that seeks understanding first, above riches, above status."

**Father's:** "There is no one exactly like you, and there won't be another. I declare wisdom uniquely fitted to who you are."

### DAY 121 - "Great in the Sight of the Lord"

*"For he will be great in the sight of the Lord... He will also be filled with the Holy Spirit, even from his mother's womb." - Luke 1:15, NKJV*

**Mother's:** "This was spoken over a child before he was even born. I speak the same over you: filled with the Holy Spirit, even now, in the womb."

**Father's:** "Greatness in the sight of the Lord, not merely the sight of men - that is what I declare over your life, starting today."

## DAY 122 - "Kings to the Brightness of Your Rising"

*"The Gentiles shall come to your light, And kings to the brightness of your rising." - Isaiah 60:3, NKJV*

**Mother's:** "I speak a rising over your life - a light that draws others, not one that hides in a corner."

**Father's:** "I declare that even those in positions of influence will be drawn to the light God places in you."

## DAY 123 - "You Are the Light of the World"

*"You are the light of the world. A city that is set on a hill cannot be hidden." - Matthew 5:14, NKJV*

**Mother's:** "You are not made to blend in. I speak light over your life - visible, unmistakable, impossible to hide."

**Father's:** "Like a city on a hill, your life will be seen. I declare purpose over that visibility, not shame."

## DAY 124 - "Let Your Light So Shine"

*"Let your light so shine before men, that they may see your good works and glorify your Father in heaven." - Matthew 5:16, NKJV*

**Mother's:** "I speak good works over your future - the kind that point people back to God, not to yourself."

**Father's:** "Let your light shine, not for your own glory, but so that others see it and glorify our Father in heaven - that's the purpose I declare over you."

## DAY 125 - "Predestined According to the Purpose"

*"In Him also we have obtained an inheritance, being predestined according to the purpose of Him who works all things according to the counsel of His will." - Ephesians 1:11, NKJV*

**Mother's:** "Your life is not random. I speak purpose over every part of it - planned by Him before we even knew your name."

**Father's:** "I declare that everything about your story, even the parts we don't understand yet, is working according to His purpose."

### **DAY 126 - "The Riches of the Glory of His Inheritance" (closing week 18)**

*"The eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints." - Ephesians 1:18, NKJV*

**Mother's:** "I pray your understanding is enlightened early - that you know your calling, and know the riches already set aside for you."

**Father's:** "I speak an enlightened heart over you - one that sees hope and inheritance clearly, not confusion or doubt."

## **WEEK 19**

### **DAY 127 - "Predestined, Called, Justified, Glorified"**

*"For whom He foreknew, He also predestined to be conformed to the image of His Son... Moreover whom He predestined, these He also called; whom He called, these He also justified; and whom He justified, these He also glorified." - Romans 8:29-30, NKJV*

**Mother's:** "Before I knew you, He knew you. I speak this full chain over your life: known, called, made right, and glorified."

**Father's:** "I declare that your story was already being written before it began - foreknown, called, and destined for glory."

### **DAY 128 - "A Holy Calling"**

*"Who has saved us and called us with a holy calling, not according to our works, but according to His own purpose and grace." - 2 Timothy 1:9, NKJV*

**Mother's:** "I speak a holy calling over your life - not earned by works, but given by grace, before you could do anything to deserve it."

**Father's:** "Your calling isn't up for negotiation by achievement. I declare it was settled by grace before time began."

### DAY 129 - "We Will Not Hide Them"

*"We will not hide them from their children, Telling to the generation to come the praises of the LORD, And His strength and His wonderful works that He has done." - Psalm 78:4, NKJV*

**Mother's:** "I commit to telling you what He has done - not hiding it, not staying silent, so you'll know the God who carried this family."

**Father's:** "I speak a legacy of testimony over this family - the next generation will know exactly what God has done for us."

### DAY 130 - "My Spirit on Your Descendants"

*"I will pour My Spirit on your descendants, And My blessing on your offspring; They will spring up among the grass Like willows by the watercourses." - Isaiah 44:3-4, NKJV*

**Mother's:** "I speak the Spirit poured out over your life and over every generation that comes from you - springing up, not withering."

**Father's:** "I declare blessing on your offspring before they even exist - this family's future generations are already covered."

### DAY 131 - "Healing in His Wings"

*"But to you who fear My name The Sun of Righteousness shall arise With healing in His wings; And you shall go out And grow fat like stall-fed calves." - Malachi 4:2, NKJV*

**Mother's:** "I speak healing rising over your life from the very start - wholeness, not lack, growth, not stunting."

**Father's:** "I declare a leaping, thriving life over you - not one that merely survives, but one that grows strong and free."

### DAY 132 - "Out of the Mouth of Babes"

*"Out of the mouth of babes and nursing infants You have ordained strength, Because of Your enemies, That You may silence the enemy and the avenger." - Psalm 8:2, NKJV*

**Mother's:** "Even before you can form a sentence, I speak ordained strength over your mouth - enough to silence what tries to oppose you."

**Father's:** "I declare that your very existence carries strength that confounds what comes against this family - even in your smallest moments."

### DAY 133 - "For the Generation to Come" (closing week 19)

*"This will be written for the generation to come, That a people yet to be created may praise the LORD." - Psalm 102:18, NKJV*

**Mother's:** "This whole journey - the prayers, the declarations, this very book - is being written for you, and for whoever comes after you."

**Father's:** "I speak a written legacy over this family: what God has done for us will still be read and praised by generations not yet born."

## WEEK 20

### DAY 134 - "A Great Nation, A Great Name"

*"I will make you a great nation; I will bless you And make your name great; And you shall be a blessing." - Genesis 12:2, NKJV*

**Mother's:** "I speak this over your life: blessing, a name that carries weight, and a life that becomes a blessing to others, not just to yourself."

**Father's:** "Your name will mean something. I declare you will be a blessing everywhere you go, not a burden."

### DAY 135 - "He Will Not Lie"

*"God is not a man, that He should lie, Nor a son of man, that He should repent. Has He said, and will He not do? Or has He spoken, and will He not make it good?" - Numbers 23:19, NKJV*

**Mother's:** "Every promise spoken over your life will stand, because the One who spoke it does not lie and does not change His mind."

**Father's:** "I declare that what God has said concerning you will not fall to the ground unfulfilled - He always makes His word good."

### DAY 136 - "Mighty Man of Valor"

*"And the Angel of the LORD appeared to him, and said to him, 'The LORD is with you, you mighty man of valor!'" - Judges 6:12, NKJV*

**Mother's:** "You may feel small or unlikely, the way Gideon did - but I speak the same words over you: the Lord is with you, mighty one."

**Father's:** "Whatever weakness you feel in yourself, I declare that the Lord's presence makes you mighty in valor, not by your own strength."

### **DAY 137 - "The Lord Looks at the Heart"**

*"For the LORD does not see as man sees; for man looks at the outward appearance, but the LORD looks at the heart." - 1 Samuel 16:7, NKJV*

**Mother's:** "Your worth was never about appearance. I speak this over you: God already sees your heart, and He already approves of what He finds there."

**Father's:** "The world will judge by what it sees. I declare God's judgment matters more - and He looks at the heart first."

### **DAY 138 - "The Steps of a Good Man"**

*"The steps of a good man are ordered by the LORD, And He delights in his way." - Psalm 37:23, NKJV*

**Mother's:** "I speak ordered steps over your life - not chaos, not wandering, but a path He delights to walk with you on."

**Father's:** "Every step of your life, He is delighted by your way - I declare that over you before you've even taken your first one."

### **DAY 139 - "Establish the Work of Our Hands"**

*"And let the beauty of the LORD our God be upon us, And establish the work of our hands for us; Yes, establish the work of our hands." - Psalm 90:17, NKJV*

**Mother's:** "I pray His beauty rests on you, and that whatever your hands do one day will be established, not wasted."

**Father's:** "I declare over your future work - whatever it becomes - that it will be established by God, not left to chance."

### **DAY 140 - "Enlarge the Place of Your Tent" (closing week 20)**

*"Enlarge the place of your tent... For you shall expand to the right and to the left, And your descendants will inherit the nations." - Isaiah 54:2-3, NKJV*

**Mother's:** "I speak enlargement over your life - more room, more reach, than we can picture from here."

**Father's:** "I declare that this family's story doesn't shrink with you - it expands, right and left, farther than we started."

## WEEK 21

### DAY 141 - "He Will Stand Before Kings"

*"Do you see a man who excels in his work? He will stand before kings; He will not stand before unknown men." - Proverbs 22:29, NKJV*

**Mother's:** "I speak excellence over your future work - the kind that gets noticed, the kind that opens doors you didn't have to force open."

**Father's:** "Whatever you set your hand to, I declare it done with excellence - the kind that stands before kings, not the kind that stays hidden."

### DAY 142 - "Created for My Glory"

*"Everyone who is called by My name, Whom I have created for My glory; I have formed him, yes, I have made him." - Isaiah 43:7, NKJV*

**Mother's:** "You were not created by accident. I speak this over you: formed and made, on purpose, for His glory."

**Father's:** "I declare that your whole life carries a purpose - created for glory, not for nothing."

### DAY 143 - "Called from the Womb"

*"The LORD has called Me from the womb; From the matrix of My mother He has made mention of My name." - Isaiah 49:1, NKJV*

**Mother's:** "This verse first described the Servant of the Lord - but the same God who calls from the womb is calling you now, before you're even born."

**Father's:** "I speak a name and a call already spoken over you, even in the womb - you are known before you arrive."

## DAY 144 - "Seek First the Kingdom"

*"But seek first the kingdom of God and His righteousness, and all these things shall be added to you." - Matthew 6:33, NKJV*

**Mother's:** "I pray you learn early to seek Him first - not success first, not approval first - and I trust everything else follows."

**Father's:** "I declare a life ordered around seeking Him first over you - and everything else falling into its right place because of it."

## DAY 145 - "Well Done, Good and Faithful"

*"His lord said to him, 'Well done, good and faithful servant; you were faithful over a few things, I will make you ruler over many things.'"" - Matthew 25:21, NKJV*

**Mother's:** "I speak faithfulness over your life - starting small, and being trusted with more because of it."

**Father's:** "I declare that whatever is placed in your hands, you will be faithful with it - and one day hear those exact words."

## DAY 146 - "Chosen and Appointed"

*"You did not choose Me, but I chose you and appointed you that you should go and bear fruit, and that your fruit should remain." - John 15:16, NKJV*

**Mother's:** "You didn't have to earn this calling. I speak this over you: chosen, appointed, and fruitful - fruit that lasts, not fruit that fades."

**Father's:** "I declare that your life bears fruit that remains - not for a season, but for the long haul."

## DAY 147 - "Without Repentance" (closing week 21)

*"For the gifts and the calling of God are irrevocable." - Romans 11:29, NKJV*

**Mother's:** "Whatever gift and calling God has placed on your life, I speak this over you: it cannot be taken back, and it cannot be undone."

**Father's:** "I declare your calling is settled - not something you'll lose if you stumble, but something God does not take back."

## WEEK 22

### DAY 148 - "Transformed by the Renewing of Your Mind"

*"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God." - Romans 12:2, NKJV*

**Mother's:** "I pray your mind is renewed early, not shaped by the world around you - able to recognize His good and perfect will."

**Father's:** "I declare that you will not be conformed to whatever culture surrounds you - your mind will be renewed and set apart."

### DAY 149 - "From Glory to Glory"

*"But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord." - 2 Corinthians 3:18, NKJV*

**Mother's:** "I speak ongoing transformation over your life - not a one-time change, but glory to glory, your whole life long."

**Father's:** "I declare that you will keep growing into His likeness, one degree of glory at a time, never stagnant."

### DAY 150 - "Separated from the Womb"

*"But when it pleased God, who separated me from my mother's womb and called me through His grace." - Galatians 1:15, NKJV*

**Mother's:** "Just as Paul was set apart before birth, I speak the same over you: separated, called, and covered by grace before you ever took a step."

**Father's:** "I declare that your calling was decided before your birth, not earned afterward - it's grace from the very start."

### DAY 151 - "Press Toward the Goal"

*"I press toward the goal for the prize of the upward call of God in Christ Jesus." - Philippians 3:14, NKJV*

**Mother's:** "I speak perseverance over your life - the kind that keeps pressing forward, not the kind that quits when it gets hard."

**Father's:** "I declare an upward call over your future - always moving toward the goal, never settling short of it."

### DAY 152 - "Do It Heartily, As to the Lord"

*"And whatever you do, do it heartily, as to the Lord and not to men, knowing that from the Lord you will receive the reward of the inheritance; for you serve the Lord Christ." - Colossians 3:23-24, NKJV*

**Mother's:** "I pray you learn to work heartily, for Him first - not for applause, not for approval, but as service to the Lord."

**Father's:** "I declare that whatever you do in life, you'll do it as unto the Lord - and receive reward that outlasts any human praise."

### DAY 153 - "A Chosen Generation"

*"But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light." - 1 Peter 2:9, NKJV*

**Mother's:** "I speak identity over your life before the world ever gets to define you: chosen, royal, holy, His own."

**Father's:** "I declare that you belong to a chosen generation - set apart to proclaim His light, not to blend into the darkness."

### DAY 154 - "Still Bear Fruit in Old Age" (closing week 22)

*"The righteous shall flourish like a palm tree, He shall grow like a cedar in Lebanon... They shall still bear fruit in old age; They shall be fresh and flourishing." - Psalm 92:12-14, NKJV*

**Mother's:** "I speak a whole lifetime of fruitfulness over you - not fading with age, but still bearing fruit, still fresh, even in your final years."

**Father's:** "I declare that your life will flourish start to finish - planted deep, growing tall, and still fruitful when you're old."

## WEEK 23

## DAY 155 - "I Took You From the Sheepfold"

*"I took you from the sheepfold, from following the sheep, to be ruler over My people, over Israel. And I have been with you wherever you have gone... and have made you a great name." - 2 Samuel 7:8-9, NKJV*

**Mother's:** "God takes ordinary starting places and makes great names from them. I speak that over you, no matter how small this beginning feels."

**Father's:** "Wherever you go, I declare His presence goes with you - and He is the One who makes a name great, not circumstance."

## DAY 156 - "Seek His Face Evermore"

*"Seek the LORD and His strength; Seek His face evermore!" - 1 Chronicles 16:11, NKJV*

**Mother's:** "I pray you grow up seeking Him - not once, not occasionally, but as a lifelong habit of your heart."

**Father's:** "I declare a life of continual seeking over you - His face, His strength, evermore, not just in crisis."

## DAY 157 - "Show Himself Strong"

*"For the eyes of the LORD run to and fro throughout the whole earth, to show Himself strong on behalf of those whose heart is loyal to Him." - 2 Chronicles 16:9, NKJV*

**Mother's:** "His eyes are already searching for a loyal heart to show Himself strong on behalf of - I pray that heart is yours."

**Father's:** "I declare that God will show Himself strong on your behalf, because your heart belongs fully to Him."

## DAY 158 - "Small Beginnings, Abundant Increase"

*"Though your beginning was small, Yet your latter end would increase abundantly." - Job 8:7, NKJV*

**Mother's:** "Whatever this beginning looks like - small, uncertain, ordinary - I speak abundant increase over your latter days."

**Father's:** "I declare that where you start is not where you finish - your end will increase far beyond your beginning."

## DAY 159 - "Light Will Shine on Your Ways"

*"You will also declare a thing, And it will be established for you; So light will shine on your ways." - Job 22:28, NKJV*

**Mother's:** "I pray you grow into someone whose words carry weight - declared and established, with light going ahead of your path."

**Father's:** "I speak established words over your future - what you declare in faith, God establishes, and light follows."

### **DAY 160 - "May the Lord Fulfill All Your Petitions"**

*"We will rejoice in your salvation, And in the name of our God we will set up our banners! May the LORD fulfill all your petitions." - Psalm 20:5, NKJV*

**Mother's:** "I speak fulfilled petitions over your life - the desires He places in you, answered, not left hanging."

**Father's:** "I declare that this family will rejoice in God's salvation over you, and that He will fulfill what He's placed in your heart."

### **DAY 161 - "The Earth Is the Lord's" (closing week 23)**

*"A Psalm of David. The earth is the LORD's, and all its fullness, The world and those who dwell therein." - Psalm 24:1, NKJV*

**Mother's:** "The whole world you're about to be born into already belongs to Him - you're not stepping into chaos, but into His fullness."

**Father's:** "I speak ownership and order over the world you're entering - it's His earth, not a place left to chance."

## **WEEK 24**

### **DAY 162 - "Descendants Shall Inherit the Earth"**

*"He himself shall dwell in prosperity, And his descendants shall inherit the earth." - Psalm 25:13, NKJV*

**Mother's:** "I speak prosperity and inheritance over your generation, starting with you and reaching to whoever comes after."

**Father's:** "I declare an inheriting generation, not a struggling one - your descendants dwelling

well because you feared the Lord."

### DAY 163 - "Princes in All the Earth"

*"Instead of Your fathers shall be Your sons, Whom You shall make princes in all the earth." - Psalm 45:16, NKJV*

**Mother's:** "I speak generational elevation over your family line - sons and daughters positioned with influence, not left behind."

**Father's:** "I declare that this family's future carries authority - not by force, but by God's own appointing."

### DAY 164 - "Crown the Year with Goodness"

*"You crown the year with Your goodness, And Your paths drip with abundance." - Psalm 65:11, NKJV*

**Mother's:** "I speak every year of your life crowned with His goodness, not scraping by, but dripping with abundance."

**Father's:** "I declare abundant years over you, not lean ones - His goodness as the crown over every season."

### DAY 165 - "Strength Is in You"

*"Blessed is the man whose strength is in You, Whose heart is set on pilgrimage." - Psalm 84:5, NKJV*

**Mother's:** "I speak a heart set toward Him over your life - strength drawn from Him, not from your own striving."

**Father's:** "I declare that your strength will always be sourced in Him, and your heart forever set toward His presence."

### DAY 166 - "Set Him On High"

*"Because he has set his love upon Me, therefore I will deliver him; I will set him on high, because he has known My name." - Psalm 91:14, NKJV*

**Mother's:** "I speak this over you: because you will know His name, He will set you on high, not leave you low."

**Father's:** "I declare deliverance and elevation over your life - not because of your effort, but because of your love for Him."

## DAY 167 - "Increase More and More"

*"May the LORD give you increase more and more, You and your children." - Psalm 115:14, NKJV*

**Mother's:** "I speak increase over your life and every child that comes after you - not stagnation, but more and more."

**Father's:** "I declare generational increase over this family - growing, not shrinking, with each generation that follows."

## DAY 168 - "Your Children's Children" (closing week 24)

*"The LORD bless you out of Zion, And may you see the good of Jerusalem All the days of your life. Yes, may you see your children's children." - Psalm 128:5-6, NKJV*

**Mother's:** "I speak long life and generational sight over you - living to see not just your own good days, but your children's children too."

**Father's:** "I declare peace over this family for generations we haven't even met yet."

# WEEK 25

## DAY 169 - "The Fruit of Your Body"

*"The LORD has sworn in truth to David; He will not turn from it: 'I will set upon your throne the fruit of your body.'" - Psalm 132:11, NKJV*

**Mother's:** "God's promises over a family don't fail. I speak faithfulness over what He has said concerning your life and your future line."

**Father's:** "I declare that what God has sworn over this family, He will not turn back from - it is settled."

## DAY 170 - "Those Who Seek Me Will Find Me"

*"I love those who love me, And those who seek me diligently will find me." - Proverbs 8:17, NKJV*

**Mother's:** "I speak diligent seeking over your life - not casual interest, but a real pursuit of wisdom, and finding it."

**Father's:** "I declare that wisdom will not hide from you - you will seek diligently, and you will

find."

### DAY 171 - "No Sorrow Added"

*"The blessing of the LORD makes one rich, And He adds no sorrow with it." - Proverbs 10:22, NKJV*

**Mother's:** "I speak clean blessing over your life - the kind that makes rich without leaving sorrow behind it."

**Father's:** "I declare that whatever God gives you will not come with hidden grief - His blessing is whole, not partial."

### DAY 172 - "A Tree of Life"

*"The fruit of the righteous is a tree of life, And he who wins souls is wise." - Proverbs 11:30, NKJV*

**Mother's:** "I speak life-giving fruit over you - the kind that brings others toward Him, not away."

**Father's:** "I declare that your life will be a tree of life to others - wise, and pointing people toward God."

### DAY 173 - "Inheritance to Children's Children"

*"A good man leaves an inheritance to his children's children, But the wealth of the sinner is stored up for the righteous." - Proverbs 13:22, NKJV*

**Mother's:** "I speak generational inheritance over your life - not just for you, but reaching to children you haven't met yet."

**Father's:** "I declare that what we build now will still be blessing children's children, long after we're gone."

### DAY 174 - "His Children Are Blessed"

*"The righteous man walks in his integrity; His children are blessed after him." - Proverbs 20:7, NKJV*

**Mother's:** "I speak integrity over your future - the kind that blesses everyone who comes after you, not just yourself."

**Father's:** "I declare that walking in integrity will not just bless you, but every child who comes from you."

## DAY 175 - "Rooms Filled With Riches" (closing week 25)

*"Through wisdom a house is built, And by understanding it is established; By knowledge the rooms are filled With all precious and pleasant riches." - Proverbs 24:3-4, NKJV*

**Mother's:** "I speak wisdom over the house you'll one day build - established, not shaky, filled with what actually matters."

**Father's:** "I declare that whatever home you build will be built on wisdom, not convenience - full of lasting riches, not empty rooms."

## WEEK 26

## DAY 176 - "Cast Your Bread Upon the Waters"

*"Cast your bread upon the waters, For you will find it after many days." - Ecclesiastes 11:1, NKJV*

**Mother's:** "I speak generosity over your life - the kind that gives without needing to see the return right away."

**Father's:** "I declare that what you give in faith will return to you, even if it takes many days to see it."

## DAY 177 - "Generous Things"

*"But a generous man devises generous things, And by generosity he shall stand." - Isaiah 32:8, NKJV*

**Mother's:** "I speak a generous heart over your life - one that plans generosity, not just reacts to it."

**Father's:** "I declare that generosity will be your foundation to stand on, not a weakness that costs you."

## DAY 178 - "Stability of Your Times"

*"Wisdom and knowledge will be the stability of your times, And the strength of salvation; The fear of the LORD is His treasure." - Isaiah 33:6, NKJV*

**Mother's:** "I speak stability over your life - wisdom and knowledge as your foundation, not chaos or confusion."

**Father's:** "I declare that the fear of the Lord will be your greatest treasure - more valuable than anything money can buy."

### DAY 179 - "Teaches You to Profit"

*"I am the LORD your God, Who teaches you to profit, Who leads you by the way you should go." - Isaiah 48:17, NKJV*

**Mother's:** "I speak divine teaching over your life - He Himself will show you how to walk, not leave you guessing."

**Father's:** "I declare that God will personally lead you by the way you should go, not the way that seems easiest."

### DAY 180 - "A Watered Garden"

*"The LORD will guide you continually, And satisfy your soul in drought, And strengthen your bones; You shall be like a watered garden." - Isaiah 58:11, NKJV*

**Mother's:** "I speak continual guidance over your life - even in dry seasons, satisfied, not withered."

**Father's:** "I declare that you will be like a watered garden - strong bones, satisfied soul, never running dry."

### DAY 181 - "As for Me and My House"

*"But as for me and my house, we will serve the LORD." - Joshua 24:15, NKJV*

**Mother's:** "This is the standard I set for our home, spoken over you before you're even born: as for us, we will serve the Lord."

**Father's:** "I declare this household's direction is already decided - we serve the Lord, and I speak the same over your life."

### DAY 182 - "Consider What Great Things" (closing week 26)

*"Only fear the LORD, and serve Him in truth with all your heart; for consider what great things He has done for you." - 1 Samuel 12:24, NKJV*

**Mother's:** "I pray you grow up remembering - not forgetting - what great things He has already done for this family before you arrived."

**Father's:** "I declare a life of remembrance over you - never forgetting the great things God

has done, and letting that shape how you serve Him."

## WEEK 27

### DAY 183 - "I Will Not Leave You"

*"Behold, I am with you and will keep you wherever you go, and will bring you back to this land; for I will not leave you until I have done what I have spoken to you." - Genesis 28:15, NKJV*

**Mother's:** "I speak this over your life: wherever you go, He keeps you, and He will not leave until every promise spoken over you is fulfilled."

**Father's:** "I declare God's kept-ness over your whole life - not a partial presence, but one that stays until the promise is complete."

### DAY 184 - "God Meant It for Good"

*"But as for you, you meant evil against me; but God meant it for good, in order to bring it about as it is this day, to save many people alive." - Genesis 50:20, NKJV*

**Mother's:** "Whatever hard thing tries to work against your life, I speak this over it: God meant it for good, and it will not have the final word."

**Father's:** "I declare that no evil intended against you can override what God intends for you - He turns it toward good."

### DAY 185 - "My Presence Will Go With You"

*"And He said, 'My Presence will go with you, and I will give you rest.'" - Exodus 33:14, NKJV*

**Mother's:** "I speak His presence over your life - not just His help from a distance, but His actual presence going with you."

**Father's:** "I declare rest over your life, not because circumstances are easy, but because His presence goes wherever you go."

### DAY 186 - "Teach Them to Your Children"

*"You shall teach them to your children, speaking of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up." - Deuteronomy 11:19, NKJV*

**Mother's:** "I commit to teaching you His words in the ordinary moments - not just special occasions, but sitting, walking, lying down, rising."

**Father's:** "I declare that His words will be woven into every part of your upbringing, not saved for one day a week."

### **DAY 187 - "Not a Word Failed"**

*"Not a word failed of any good thing which the LORD had spoken to the house of Israel. All came to pass." - Joshua 21:45, NKJV*

**Mother's:** "Every good word spoken over your life in these declarations - I speak this over them: not one will fail. All will come to pass."

**Father's:** "I declare that God's track record holds for you too - what He has spoken, He completes."

### **DAY 188 - "David Strengthened Himself"**

*"But David strengthened himself in the LORD his God." - 1 Samuel 30:6, NKJV*

**Mother's:** "I speak this over your life: when things feel like they're falling apart, you will know how to strengthen yourself in the Lord."

**Father's:** "I declare inner strength over you - not dependent on others encouraging you, but drawn straight from Him."

### **DAY 189 - "He Makes My Way Perfect" (closing week 27)**

*"God is my strength and power, And He makes my way perfect." - 2 Samuel 22:33, NKJV*

**Mother's:** "I speak a perfected way over your life - not because it's easy, but because His strength makes it complete."

**Father's:** "I declare that your path is held by His power, not your own - and He makes it whole."

## **WEEK 28**

## DAY 190 - "As He Was With Our Fathers"

*"May the LORD our God be with us, as He was with our fathers. May He not leave us nor forsake us." - 1 Kings 8:57, NKJV*

**Mother's:** "I speak generational presence over your life - the same God who was with those before you will be with you too."

**Father's:** "I declare that He will not leave you nor forsake you, the same way He never left the generations before us."

## DAY 191 - "Let Your Heart Be Loyal"

*"Let your heart therefore be loyal to the LORD our God, to walk in His statutes and keep His commandments, as at this day." - 1 Kings 8:61, NKJV*

**Mother's:** "I pray your heart is loyal to Him from the very start - not divided, not half-hearted."

**Father's:** "I declare a wholehearted devotion over your life, walking in His ways as a way of life, not an occasional choice."

## DAY 192 - "If You Seek Him, He Will Be Found"

*"The LORD is with you while you are with Him. If you seek Him, He will be found by you." - 2 Chronicles 15:2, NKJV*

**Mother's:** "I speak this over you: He is not hiding from you. If you seek Him, you will find Him, every time."

**Father's:** "I declare a life of seeking over you - not chasing a distant God, but finding One who is already near."

## DAY 193 - "Stand Still and See"

*"You will not need to fight in this battle. Position yourselves, stand still and see the salvation of the LORD, who is with you." - 2 Chronicles 20:17, NKJV*

**Mother's:** "I speak this over your battles ahead: some of them are not yours to fight. Stand still, and watch Him move."

**Father's:** "I declare that this family doesn't have to fight every battle alone - some are His to win for us."

## DAY 194 - "You Shall Be Established"

*"Believe in the LORD your God, and you shall be established; believe His prophets, and you shall prosper." - 2 Chronicles 20:20, NKJV*

**Mother's:** "I speak belief over your life - not doubt, not hesitation - and I declare establishment and prosperity as the fruit of it."

**Father's:** "I declare that your foundation will be belief, not fear, and that it will hold steady under anything that comes."

### DAY 195 - "We Will Arise and Build"

*"The God of heaven Himself will prosper us; therefore we His servants will arise and build." - Nehemiah 2:20, NKJV*

**Mother's:** "Whatever gets torn down in this life, I speak rebuilding over you - arising, not staying defeated."

**Father's:** "I declare that this family builds, we don't just survive - prospered by the God of heaven Himself."

### DAY 196 - "Favor in the Sight of All" (closing week 28)

*"And Esther obtained favor in the sight of all who saw her." - Esther 2:15, NKJV*

**Mother's:** "I speak favor over your life - the kind that isn't chased or manufactured, just carried, and noticed by everyone around you."

**Father's:** "I declare that people will recognize something in you that draws favor - a grace that isn't your own doing, but a gift."

## WEEK 29

### DAY 197 - "Deliver You in Six Troubles"

*"He shall deliver you in six troubles, Yes, in seven no evil shall touch you." - Job 5:19, NKJV*

**Mother's:** "I speak deliverance over every trouble your life will hold - not one left uncovered, not one left untouched by His care."

**Father's:** "I declare that no evil will have the final say over your life - not one, not seven, not any."

## DAY 198 - "Come Forth as Gold"

*"But He knows the way that I take; When He has tested me, I shall come forth as gold." - Job 23:10, NKJV*

**Mother's:** "Whatever tests you, I speak this over your life: you will not come out lesser. You will come out as gold."

**Father's:** "I declare that He already knows the way you'll take - every test refining you, not destroying you."

## DAY 199 - "Their Years in Pleasures"

*"If they obey and serve Him, They shall spend their days in prosperity, And their years in pleasures." - Job 36:11, NKJV*

**Mother's:** "I speak obedience and joy together over your life - not a joyless obedience, but years full of real pleasure."

**Father's:** "I declare that serving Him will not cost you joy - it will be the very source of it, all your days."

## DAY 200 - "Blessed More Than His Beginning" (200 declarations!)

*"Now the LORD blessed the latter days of Job more than his beginning; for he had fourteen thousand sheep, six thousand camels, one thousand yoke of oxen, and one thousand female donkeys." - Job 42:12, NKJV*

**Mother's:** "Two hundred days of speaking life, and I speak this over you: your latter days will be blessed more than your beginning, not less."

**Father's:** "Whatever this pregnancy has held, hard or easy, I declare your life ends up further ahead than it started."

## DAY 201 - "A Kingdom of Priests"

*"Now therefore, if you will indeed obey My voice and keep My covenant, then you shall be a special treasure to Me above all people; for all the earth is Mine. And you shall be to Me a kingdom of priests and a holy nation." - Exodus 19:5-6, NKJV*

**Mother's:** "I speak this over you: you are not ordinary to Him. You are a treasure, set apart for something holy."

**Father's:** "I declare purpose and priesthood over your life - not just existing, but set apart for something sacred."

## DAY 202 - "I Will Walk Among You"

*"I will walk among you and be your God, and you shall be My people." - Leviticus 26:12, NKJV*

**Mother's:** "I speak nearness over your life - not a distant God watching from far off, but One who walks right alongside you."

**Father's:** "I declare that God doesn't just rule over this family from a distance - He walks among us."

## DAY 203 - "Teach Them to Your Children" (closing week 29)

*"Only take heed to yourself, and diligently keep yourself, lest you forget the things your eyes have seen, and lest they depart from your heart all the days of your life. And teach them to your children and your grandchildren." - Deuteronomy 4:9, NKJV*

**Mother's:** "I commit to remembering what God has done in this pregnancy, and passing it down - not just to you, but to your children after you."

**Father's:** "I declare a legacy of remembering over this family - what God has done for us, told again, generation after generation."

# WEEK 30

## DAY 204 - "All These Blessings Shall Come Upon You"

*"And all these blessings shall come upon you and overtake you, because you obey the voice of the LORD your God." - Deuteronomy 28:2, NKJV*

**Mother's:** "I speak blessing that overtakes over your life - not blessing you have to chase down, but blessing that comes and finds you."

**Father's:** "I declare that obedience to Him will be followed by blessing that catches up to you, not blessing that stays out of reach."

## DAY 205 - "His Way Is Perfect"

*"As for God, His way is perfect; The word of the LORD is proven; He is a shield to all who trust in Him." - 2 Samuel 22:31, NKJV*

**Mother's:** "I speak trust over your life - His way is perfect, even when the path looks unclear from where you're standing."

**Father's:** "I declare Him as your shield - proven, not theoretical - for every part of life still ahead."

### DAY 206 - "A Faithful Priest"

*"Then I will raise up for Myself a faithful priest who shall do according to what is in My heart and in My mind." - 1 Samuel 2:35, NKJV*

**Mother's:** "I speak faithfulness over your life - the kind that acts according to what's in His heart, not just your own."

**Father's:** "I declare that you will be raised up for something faithful, not fickle - steady in what He's called you to."

### DAY 207 - "The Hand of Our God Is Upon Those Who Seek Him"

*"The hand of our God is upon all those for good who seek Him." - Ezra 8:22, NKJV*

**Mother's:** "I speak this over your life: His hand is already on you for good, simply because you seek Him."

**Father's:** "I declare protection and favor over this family, not because we're strong, but because His hand is already upon us."

### DAY 208 - "Peace to Your Helpers"

*"We are yours, O David; We are on your side, O son of Jesse! Peace, peace to you, And peace to your helpers! For your God helps you." - 1 Chronicles 12:18, NKJV*

**Mother's:** "I speak this over your life: people will be drawn to stand with you, and God Himself will be the One helping you most."

**Father's:** "I declare that you won't stand alone - help will come, and behind all of it, God is the One helping."

### DAY 209 - "You Alone Are the LORD"

*"You alone are the LORD; You have made heaven, The heaven of heavens, with all their host, The earth and everything on it, The seas and all that is in them, And You preserve them all." - Nehemiah 9:6, NKJV*

**Mother's:** "I speak awe over your life - the same God who made the heavens and the seas is the One preserving you, right now."

**Father's:** "I declare that the One who holds the universe together is the same One holding this child, this pregnancy, this family."

### DAY 210 - "Brighter Than Noonday" (closing week 30)

*"Because you would forget your misery, And remember it as waters that have passed away, And your life would be brighter than noonday." - Job 11:16-17, NKJV*

**Mother's:** "Thirty weeks of speaking life, and I speak this over you: whatever hard days remain, they will pass like water, and your life will be brighter than noon."

**Father's:** "I declare that darkness in your life will not have the final word - it will become like morning, bright and new."

## WEEK 31

### DAY 211 - "It Shall Not Return Void"

*"So shall My word be that goes forth from My mouth; It shall not return to Me void, But it shall accomplish what I please, And it shall prosper in the thing for which I sent it." - Isaiah 55:11, NKJV*

**Mother's:** "I speak this over every word declared through this whole book: none of it returns empty. It accomplishes what He sent it to do."

**Father's:** "I declare that these declarations aren't just words - they go out and prosper, exactly where He sends them."

### DAY 212 - "Beauty for Ashes"

*"To console those who mourn in Zion, To give them beauty for ashes, The oil of joy for mourning, The garment of praise for the spirit of heaviness." - Isaiah 61:3, NKJV*

**Mother's:** "Whatever ashes this pregnancy has held - fear, loss, hard nights - I speak beauty over them, exchanged, not just endured."

**Father's:** "I declare joy over any mourning this season has carried, and praise over any heaviness that tried to settle in."

### DAY 213 - "Double Honor"

*"Instead of your shame you shall have double honor, And instead of confusion they shall rejoice in their portion... Everlasting joy shall be theirs." - Isaiah 61:7, NKJV*

**Mother's:** "Whatever shame or confusion has tried to attach itself to this journey, I speak double honor over it instead."

**Father's:** "I declare everlasting joy as this family's portion - not fleeting, not temporary, but lasting."

### **DAY 214 - "Loved With an Everlasting Love"**

*"Yes, I have loved you with an everlasting love; Therefore with lovingkindness I have drawn you." - Jeremiah 31:3, NKJV*

**Mother's:** "I speak this over you: you are loved with a love that doesn't run out, drawn close by kindness, not obligation."

**Father's:** "I declare that this child is drawn by God's own lovingkindness - not chased down, but gently brought near."

### **DAY 215 - "Turn Their Mourning to Joy"**

*"Then shall the virgin rejoice in the dance, And the young men and the old, together; For I will turn their mourning to joy." - Jeremiah 31:13, NKJV*

**Mother's:** "I speak dancing over your future, not just surviving - mourning turned to joy, not mourning left untouched."

**Father's:** "I declare celebration over this family's story - sorrow doesn't get to write the ending."

### **DAY 216 - "Nothing Too Hard for You"**

*"Ah, Lord GOD! Behold, You have made the heavens and the earth by Your great power and outstretched arm. There is nothing too hard for You." - Jeremiah 32:17, NKJV*

**Mother's:** "Whatever feels impossible about this pregnancy or this future, I speak this over it: nothing is too hard for the One who made the heavens."

**Father's:** "I declare that no situation this family faces is beyond His power - not one."

### **DAY 217 - "Health and Healing" (closing week 31)**

*"Behold, I will bring it health and healing; I will heal them and reveal to them the abundance of peace and truth." - Jeremiah 33:6, NKJV*

**Mother's:** "I speak health and healing over this child's body, and abundance of peace over this whole family."

**Father's:** "I declare truth and peace in abundance over our home - not scarcity, not just enough, but abundance."

## WEEK 32

### DAY 218 - "Showers of Blessing"

*"I will make them and the places all around My hill a blessing; and I will cause showers to come down in their season; there shall be showers of blessing." - Ezekiel 34:26, NKJV*

**Mother's:** "I speak showers of blessing over this family, timed exactly right - not drought, not delay, but blessing in its season."

**Father's:** "I declare that everywhere this family goes will become a place of blessing, not by accident, but by His hand."

### DAY 219 - "A New Heart"

*"I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh." - Ezekiel 36:26, NKJV*

**Mother's:** "I speak a soft, responsive heart over your life - never hardened, never closed off to Him."

**Father's:** "I declare a new spirit within you from the very start - tender, not stony, and quick to respond to God."

### DAY 220 - "Breath Shall Enter Into You"

*"Thus says the Lord GOD to these bones: 'Surely I will cause breath to enter into you, and you shall live.'" - Ezekiel 37:5, NKJV*

**Mother's:** "I speak this over your very first breath: it comes from Him, life given on purpose, not by chance."

**Father's:** "I declare that the same God who breathes life into dry bones is the One giving you

breath, right now, in the womb."

### DAY 221 - "Shine Like the Brightness"

*"Those who are wise shall shine like the brightness of the firmament, And those who turn many to righteousness like the stars forever and ever." - Daniel 12:3, NKJV*

**Mother's:** "I speak brightness over your life - the kind of wisdom that shines, not hides, and turns others toward what's right."

**Father's:** "I declare a lasting shine over you - not for a season, but forever and ever."

### DAY 222 - "Betrothed Forever"

*"I will betroth you to Me forever; Yes, I will betroth you to Me In righteousness and justice, In lovingkindness and mercy." - Hosea 2:19, NKJV*

**Mother's:** "I speak covenant love over your life - not temporary, not conditional, but forever."

**Father's:** "I declare that God's commitment to you isn't up for renegotiation - it's forever, sealed in mercy."

### DAY 223 - "Your Sons and Daughters Shall Prophecy"

*"And it shall come to pass afterward That I will pour out My Spirit on all flesh; Your sons and your daughters shall prophecy." - Joel 2:28, NKJV*

**Mother's:** "I speak the Spirit poured out over your life - not withheld, not distant, but given freely, sons and daughters alike."

**Father's:** "I declare that you will carry a voice worth listening to - Spirit-filled, not silenced."

### DAY 224 - "Yet I Will Rejoice" (closing week 32)

*"Though the fig tree may not blossom, Nor fruit be on the vines... Yet I will rejoice in the LORD, I will joy in the God of my salvation." - Habakkuk 3:17-18, NKJV*

**Mother's:** "Even on the days nothing seems to be going as planned, I speak this over my own heart: I will rejoice anyway, joy that isn't tied to circumstances."

**Father's:** "I declare joy over this family that doesn't depend on outcomes - rooted in Him, not in how things look right now."

## WEEK 33

## DAY 225 - "Prophet of the Highest"

*"And you, child, will be called the prophet of the Highest; For you will go before the face of the Lord to prepare His ways, To give knowledge of salvation to His people." - Luke 1:76-77, NKJV*

**Mother's:** "This was spoken over John before his birth - I speak the same shape of calling over you: prepared for something, going ahead of something, not wandering aimlessly."

**Father's:** "I declare purpose over your life before you're even born - a path already being prepared for you to walk."

## DAY 226 - "Strong in Spirit, Filled with Wisdom"

*"And the Child grew and became strong in spirit, filled with wisdom; and the grace of God was upon Him." - Luke 2:40, NKJV*

**Mother's:** "I speak this over your growth: strong in spirit, filled with wisdom, and grace resting on you - not just physical growth, but every part of you."

**Father's:** "I declare that grace will be evident on your life as you grow, the same way it was evident on Jesus as a child."

## DAY 227 - "The Right to Become Children of God"

*"But as many as received Him, to them He gave the right to become children of God, to those who believe in His name." - John 1:12, NKJV*

**Mother's:** "I speak this identity over you from birth: not just born into this family, but with the right to belong to His family too."

**Father's:** "I declare sonship and daughtership over your life - not earned, but given, the moment you receive Him."

## DAY 228 - "Life More Abundantly"

*"The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly." - John 10:10, NKJV*

**Mother's:** "I speak abundant life over you - not just survival, not just getting by, but life overflowing."

**Father's:** "I declare that whatever tries to steal from your life will not succeed - you were

made for abundance, not loss."

### DAY 229 - "The Promise Is to Your Children"

*"For the promise is to you and to your children, and to all who are afar off, as many as the Lord our God will call." - Acts 2:39, NKJV*

**Mother's:** "I speak this promise directly over you: it was never just for us. It reaches you too, by name."

**Father's:** "I declare that the promise of the Holy Spirit is not out of reach for you - it belongs to you, from the very start."

### DAY 230 - "More Than Conquerors"

*"Yet in all these things we are more than conquerors through Him who loved us." - Romans 8:37, NKJV*

**Mother's:** "Whatever this life brings you, I speak more than conquering over it - not barely surviving, but winning through love."

**Father's:** "I declare that you will face hard things and come through them more than victorious - because of who loves you, not because of your own strength."

### DAY 231 - "Thanks Be to God, Who Gives Us the Victory" (closing week 33)

*"But thanks be to God, who gives us the victory through our Lord Jesus Christ." - 1 Corinthians 15:57, NKJV*

**Mother's:** "I speak victory over your life as a gift, not a struggle to earn - already given, through Christ."

**Father's:** "I declare thanks over this pregnancy today - victory already secured, before the fight even feels finished."

## WEEK 34

### DAY 232 - "No Longer a Slave, But a Son"

*"And because you are sons, God has sent forth the Spirit of His Son into your hearts, crying out, 'Abba, Father!' Therefore you are no longer a slave but a son, and if a son, then an heir of God through Christ." - Galatians 4:6-7, NKJV*

**Mother's:** "I speak this over your identity from the start: not a slave to fear, but a son or daughter, and an heir."

**Father's:** "I declare that you will grow up knowing you belong - an heir, not an outsider, in God's family."

### DAY 233 - "I Can Do All Things"

*"I can do all things through Christ who strengthens me." - Philippians 4:13, NKJV*

**Mother's:** "I speak capability over your life - not from your own strength alone, but through the One who strengthens you."

**Father's:** "I declare that no assignment given to you will be too much, because His strength carries what yours can't."

### DAY 234 - "Whatever Things Are Lovely"

*"Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely... meditate on these things."  
- Philippians 4:8, NKJV*

**Mother's:** "I speak a disciplined, healthy mind over your life - one that dwells on what's true and lovely, not what's dark or false."

**Father's:** "I declare that your thought life will be shaped by what's good - a mind trained toward peace, not anxiety."

### DAY 235 - "The Kingdom of the Son of His Love"

*"He has delivered us from the power of darkness and conveyed us into the kingdom of the Son of His love." - Colossians 1:13, NKJV*

**Mother's:** "I speak deliverance over your life from anything dark trying to claim you - moved instead into the kingdom of love."

**Father's:** "I declare that you belong to a kingdom of love, not darkness - that transfer already made before you were born."

### DAY 236 - "He Who Calls You Is Faithful"

*"Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless... He who calls you is faithful, who also will do it."  
- 1 Thessalonians 5:23-24, NKJV*

**Mother's:** "I speak wholeness over your life - spirit, soul, and body - kept and preserved, not by chance, but by a faithful God."

**Father's:** "I declare that whatever He has called you to, He will finish - He is faithful, so the outcome isn't in question."

### DAY 237 - "Begotten Again to a Living Hope"

*"Blessed be the God and Father of our Lord Jesus Christ, who according to His abundant mercy has begotten us again to a living hope through the resurrection of Jesus Christ from the dead." - 1 Peter 1:3, NKJV*

**Mother's:** "I speak living hope over your life - not a fragile, uncertain hope, but one grounded in resurrection power."

**Father's:** "I declare that your life carries hope that doesn't die - mercy, not something you have to earn."

### DAY 238 - "What Manner of Love" (closing week 34)

*"Behold what manner of love the Father has bestowed on us, that we should be called children of God!" - 1 John 3:1, NKJV*

**Mother's:** "I speak this over you: you are not just tolerated by God. You are called His child - loved on purpose, not by accident."

**Father's:** "I declare astonishing love over your life - the kind that makes people stop and marvel, because that's exactly what it is."

## WEEK 35

### DAY 239 - "With God All Things Are Possible"

*"But Jesus looked at them and said to them, 'With men this is impossible, but with God all things are possible.'" - Matthew 19:26, NKJV*

**Mother's:** "Whatever feels impossible about this pregnancy, this birth, this future - I speak this over it: not with men, but with God, all things are possible."

**Father's:** "I declare that human limits don't define this family's story - God's possibility does."

### DAY 240 - "I Am With You Always"

*"...teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age." - Matthew 28:20, NKJV*

**Mother's:** "I speak this over your whole life, not just this season: He is with you always, to the very end."

**Father's:** "I declare an unbroken presence over your life - not just now, but every day, to the end of the age."

### **DAY 241 - "All Things Are Possible to Him Who Believes"**

*"Jesus said to him, 'If you can believe, all things are possible to him who believes.'" - Mark 9:23, NKJV*

**Mother's:** "I speak belief over your life - not doubt as the default, but a heart quick to trust."

**Father's:** "I declare that your believing will open doors - not because belief is magic, but because it aligns you with what God is already doing."

### **DAY 242 - "Impossible With Men, Possible With God"**

*"But He said, 'The things which are impossible with men are possible with God.'" - Luke 18:27, NKJV*

**Mother's:** "I speak this over every impossible-feeling situation in your future: it is not outside what God can do."

**Father's:** "I declare that this family will see the impossible become possible, more than once, over a lifetime."

### **DAY 243 - "That They May Not Perish"**

*"For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life." - John 3:16, NKJV*

**Mother's:** "I speak this foundational truth over your life from the very beginning: you are loved enough that everlasting life was made available to you."

**Father's:** "I declare that this love is the ground everything else stands on - not earned, but given."

### **DAY 244 - "Without Me You Can Do Nothing"**

*"I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing." - John 15:5, NKJV*

**Mother's:** "I speak connection over your life - rooted in Him, not independent of Him, and fruitful because of it."

**Father's:** "I declare that your fruitfulness will come from staying close to Him, not from striving on your own."

### **DAY 245 - "While We Were Still Sinners" (closing week 35)**

*"But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us." - Romans 5:8, NKJV*

**Mother's:** "I speak this over you: love was proven before you could ever earn it - the same is true for you from the very start."

**Father's:** "I declare that God's love for this family isn't conditional on our performance - it was already demonstrated, once and for all."

## **WEEK 36**

### **DAY 246 - "Confess and Believe"**

*"...that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved." - Romans 10:9, NKJV*

**Mother's:** "I speak this over your life: confession and belief will not be complicated for you - a simple, real faith, from early on."

**Father's:** "I declare salvation settled over your life through belief, not through striving to earn it."

### **DAY 247 - "Temple of the Holy Spirit"**

*"Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?" - 1 Corinthians 6:19-20, NKJV*

**Mother's:** "I speak sacredness over your body from the very start - not something to be treated carelessly, but a dwelling place for the Holy Spirit."

**Father's:** "I declare that you belong to God, body and spirit - not your own to misuse, but His

to steward well."

### DAY 248 - "My Grace Is Sufficient"

*"And He said to me, 'My grace is sufficient for you, for My strength is made perfect in weakness.'" - 2 Corinthians 12:9, NKJV*

**Mother's:** "I speak this over your weak moments, whenever they come: His grace will be enough, and His strength will show up exactly where you're weak."

**Father's:** "I declare that your weaknesses will not disqualify you - they'll become the very place His strength is seen."

### DAY 249 - "Every Spiritual Blessing"

*"Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ." - Ephesians 1:3, NKJV*

**Mother's:** "I speak every spiritual blessing over your life - nothing withheld, nothing partial."

**Father's:** "I declare that you already have access to everything you need spiritually - not waiting to be earned, but already given in Christ."

### DAY 250 - "Not of Works, Lest Anyone Should Boast"

*"For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast." - Ephesians 2:8-9, NKJV*

**Mother's:** "I speak grace over your identity - not earned through performance, but given as a gift."

**Father's:** "I declare that you will never have to prove your worth to God - it was settled by grace before you could do anything at all."

### DAY 251 - "Our Citizenship Is in Heaven"

*"For our citizenship is in heaven, from which we also eagerly wait for the Savior, the Lord Jesus Christ." - Philippians 3:20, NKJV*

**Mother's:** "I speak eternal perspective over your life - belonging to heaven first, even while you live here."

**Father's:** "I declare that your identity isn't defined by this world alone - you carry citizenship that outlasts it."

## DAY 252 - "Run With Endurance" (closing week 36)

*"Therefore we also, since we are surrounded by so great a cloud of witnesses... let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith." - Hebrews 12:1-2, NKJV*

**Mother's:** "I speak endurance over your life - not a short burst of faith, but a steady race, run with eyes fixed on Jesus."

**Father's:** "I declare that you're not running alone - surrounded by witnesses, and looking to the One who finishes what He starts."

## WEEK 37

## DAY 253 - "The Temple of God"

*"Do you not know that you are the temple of God and that the Spirit of God dwells in you?" - 1 Corinthians 3:16, NKJV*

**Mother's:** "I speak this identity over you: not just a body, but a dwelling place - God's Spirit living within you."

**Father's:** "I declare sacred purpose over your very existence - set apart, not ordinary."

## DAY 254 - "The Greatest of These Is Love"

*"And now abide faith, hope, love, these three; but the greatest of these is love." - 1 Corinthians 13:13, NKJV*

**Mother's:** "I speak love over your life as the greatest thing you'll carry - not just faith, not just hope, but love above all."

**Father's:** "I declare that love will be the defining mark of your life - the thing people remember most about you."

## DAY 255 - "Yes and Amen"

*"For all the promises of God in Him are Yes, and in Him Amen, to the glory of God through us." - 2 Corinthians 1:20, NKJV*

**Mother's:** "I speak every promise spoken over your life as settled - not maybe, not someday, but Yes and Amen in Christ."

**Father's:** "I declare that God's promises over you don't waver - they are already Yes."

### DAY 256 - "Christ Lives in Me"

*"I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me." - Galatians 2:20, NKJV*

**Mother's:** "I speak this over your identity: a life lived by faith, not by your own effort alone - Christ living through you."

**Father's:** "I declare that your life will be marked by a love that gave itself for you - and that truth shaping everything you do."

### DAY 257 - "Chosen Before the Foundation of the World"

*"...just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love." - Ephesians 1:4, NKJV*

**Mother's:** "I speak this over you: chosen before the world existed - not an afterthought, but part of the plan from the very beginning."

**Father's:** "I declare that you were wanted before time began - not a surprise, but a choice."

### DAY 258 - "Strengthened With Might"

*"...that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man." - Ephesians 3:16, NKJV*

**Mother's:** "I speak inner strength over your life - not just outward toughness, but a deep, Spirit-given might."

**Father's:** "I declare that your inner man will be strong, even when the outer circumstances are hard."

### DAY 259 - "God Who Works in You" (closing week 37)

*"...for it is God who works in you both to will and to do for His good pleasure." - Philippians 2:13, NKJV*

**Mother's:** "I speak this over your desires and actions: God is already at work in you, shaping both what you want and what you do."

**Father's:** "I declare that your good intentions and your follow-through are both His work in you"

- not something you manufacture alone."

## WEEK 38

### DAY 260 - "Put On Tender Mercies"

*"Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering." - Colossians 3:12, NKJV*

**Mother's:** "I speak a tender heart over your life - chosen, holy, and beloved, clothed in kindness rather than harshness."

**Father's:** "I declare that you'll be known for gentleness and patience - the marks of someone who knows they're deeply loved."

### DAY 261 - "Thoroughly Equipped for Every Good Work"

*"All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, that the man of God may be complete, thoroughly equipped for every good work." - 2 Timothy 3:16-17, NKJV*

**Mother's:** "I speak Scripture over your life as your foundation - not just words on a page, but what equips you for every good work ahead."

**Father's:** "I declare that you will be thoroughly equipped, not lacking, for whatever good work God calls you to."

### DAY 262 - "The Washing of Regeneration"

*"Not by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit." - Titus 3:5, NKJV*

**Mother's:** "I speak new life over you - not earned by effort, but given freely, washed clean and renewed by the Spirit."

**Father's:** "I declare that your standing before God rests on His mercy, not your performance - settled before you could do a thing."

### DAY 263 - "Resist the Devil"

*"Therefore submit to God. Resist the devil and he will flee from you." - James 4:7, NKJV*

**Mother's:** "I speak authority over your life - one who submits to God and knows how to stand against what opposes Him."

**Father's:** "I declare that you will not be easily shaken - resistance in you that makes darkness flee, not linger."

### DAY 264 - "Perfect, Establish, Strengthen, and Settle"

*"But may the God of all grace, who called us to His eternal glory by Christ Jesus, after you have suffered a while, perfect, establish, strengthen, and settle you." - 1 Peter 5:10, NKJV*

**Mother's:** "Whatever hard seasons come, I speak this over you: God will not leave you unfinished - He perfects, establishes, strengthens, and settles."

**Father's:** "I declare that suffering doesn't get the last word in your story - God's settling grace does."

### DAY 265 - "As the Bridegroom Rejoices Over the Bride"

*"For as a young man marries a virgin, So shall your sons marry you; And as the bridegroom rejoices over the bride, So shall your God rejoice over you." - Isaiah 62:5, NKJV*

**Mother's:** "I speak this over you: God doesn't just tolerate you - He rejoices over you, the way a bridegroom rejoices over his bride."

**Father's:** "I declare that you are not a burden to God - you are a delight, celebrated, not merely accepted."

### DAY 266 - "No More Tears" (closing week 38)

*"And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away." - Revelation 21:4, NKJV*

**Mother's:** "I speak this hope over your whole life: whatever tears come along the way, they are not the end of the story - He wipes them away, for good."

**Father's:** "I declare a coming day over your future where sorrow has no more claim - pain passed away, for good."

###

## WEEK 39

### DAY 267 - "Joy That a Human Being Has Been Born"

*"A woman, when she is in labor, has sorrow because her hour has come; but as soon as she has given birth to the child, she no longer remembers the anguish, for joy that a human being has been born into the world." - John 16:21, NKJV*

**Mother's:** "I speak this over the day you arrive: whatever labor, whatever sorrow leads up to it, joy will swallow the memory of it whole."

**Father's:** "I declare that the anguish of this journey will fade, and what remains will be joy - a human being born into the world, ours."

### DAY 268 - "Glory to God in the Highest"

*"Glory to God in the highest, And on earth peace, goodwill toward men!" - Luke 2:14, NKJV*

**Mother's:** "I speak this over your birth: glory to God, and peace following you, from your very first breath."

**Father's:** "I declare goodwill over your life - not conflict as your inheritance, but peace as your starting point."

### DAY 269 - "Glorifying and Praising God"

*"Then the shepherds returned, glorifying and praising God for all the things that they had heard and seen, as it was told them." - Luke 2:20, NKJV*

**Mother's:** "I speak this over our family: when you arrive, we will glorify and praise God, the way the shepherds did - not quietly, but out loud."

**Father's:** "I declare that your birth will be met with praise in this house, not just relief - praise for all we've heard and seen."

### DAY 270 - "Sorrow and Sighing Shall Flee Away"

*"And the ransomed of the LORD shall return, And come to Zion with singing, With everlasting joy on their heads. They shall obtain joy and gladness, And sorrow and sighing shall flee away." - Isaiah 35:10, NKJV*

**Mother's:** "I speak everlasting joy over your life - obtained, not borrowed - while sorrow and sighing flee from you."

**Father's:** "I declare a singing life over you - one where joy and gladness are the norm, not the exception."

### DAY 271 - "Bringing His Sheaves With Him"

*"Those who sow in tears Shall reap in joy. He who continually goes forth weeping, Bearing seed for sowing, Shall doubtless come again with rejoicing, Bringing his sheaves with him." - Psalm 126:5-6, NKJV*

**Mother's:** "Whatever tears this journey has held, I speak this over the harvest ahead: reaping in joy, not in vain."

**Father's:** "I declare that every hard season of sowing in this family will come back around to rejoicing - sheaves in hand, not empty ones."

### DAY 272 - "Serve the Lord With Gladness"

*"Make a joyful shout to the LORD, all you lands! Serve the LORD with gladness; Come before His presence with singing." - Psalm 100:1-2, NKJV*

**Mother's:** "I speak gladness over your service to Him - not obligation, not duty alone, but joy in coming before Him."

**Father's:** "I declare that your life will be marked by joyful shouting, not quiet resignation - a life that sings, not just survives."

### DAY 273 - "Let Everything That Has Breath" (closing week 39)

*"Let everything that has breath praise the LORD. Praise the LORD!" - Psalm 150:6, NKJV*

**Mother's:** "I speak this over your very first breath, and every one after it: let it praise Him - a life of praise from beginning to end."

**Father's:** "I declare that as long as you have breath, you will have reason to praise - that truth settled long before you understood it."

## WEEK 40 - THE FINAL WEEK

### DAY 274 - "Nothing Shall Separate Us"

*"For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord." - Romans 8:38-39, NKJV*

**Mother's:** "I speak this final, unshakable truth over your life: nothing - not one thing, in all creation - will ever separate you from His love."

**Father's:** "I declare this settled forever: whatever comes, whatever changes, His love holds. Nothing gets to undo it."

### **DAY 275 - "Not Failed One Word"**

*"Blessed be the LORD, who has given rest to His people Israel, according to all that He promised. There has not failed one word of all His good promise." - 1 Kings 8:56, NKJV*

**Mother's:** "Two hundred seventy-five days of speaking life over you, and I speak this final word: not one promise spoken over you has failed, and none will."

**Father's:** "I declare that every declaration in this book stands - not one word falls to the ground unfulfilled."

### **DAY 276 - "An Everlasting Kingdom"**

*"Your kingdom is an everlasting kingdom, And Your dominion endures throughout all generations." - Psalm 145:13, NKJV*

**Mother's:** "I speak an everlasting foundation under your life - not shifting, not temporary, but enduring through every generation that follows."

**Father's:** "I declare that what God has established over this family will outlast us - reaching generations we'll never meet."

### **DAY 277 - "The Communion of the Holy Spirit"**

*"The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. Amen." - 2 Corinthians 13:14, NKJV*

**Mother's:** "I speak this over your life as a closing blessing: grace, love, and communion with the Spirit - with you, always."

**Father's:** "I declare the fullness of the Godhead present in your life - not distant, but close, in communion with you."

## DAY 278 - "Working in You What Is Well Pleasing"

*"Now may the God of peace who brought up our Lord Jesus from the dead, that great Shepherd of the sheep, through the blood of the everlasting covenant, make you complete in every good work to do His will, working in you what is well pleasing in His sight, through Jesus Christ, to whom be glory forever and ever." - Hebrews 13:20-21, NKJV*

**Mother's:** "I speak completeness over your life - not lacking, not unfinished, but equipped for every good work He calls you to."

**Father's:** "I declare that the God of peace, who raised Jesus from the dead, is the same God working in you - finishing what He starts."

## DAY 279 - "God Himself Will Be With Them"

*"And I heard a loud voice from heaven saying, 'Behold, the tabernacle of God is with men, and He will dwell with them, and they shall be His people. God Himself will be with them and be their God.'" - Revelation 21:3, NKJV*

**Mother's:** "I speak nearness over your entire life, start to finish: not a distant God, but One who dwells with you, all the way to the end."

**Father's:** "I declare that this is the whole story, beginning to end - God with us, God with you, not just for a season, but forever."

## DAY 280 - "To God Our Savior Be Glory" (the final declaration)

*"Now to Him who is able to keep you from stumbling, And to present you faultless Before the presence of His glory with exceeding joy, To God our Savior, Who alone is wise, Be glory and majesty, Dominion and power, Both now and forever. Amen." - Jude 1:24-25, NKJV*

**Mother's:** "Two hundred eighty days of speaking life over you, from the very beginning to this final word - and I close it here: He is able to keep you from stumbling, and to present you faultless with exceeding joy. To Him be glory, forever."

**Father's:** "Every declaration in this book, every word spoken over you across forty weeks, ends here, at His feet: to God our Savior, who alone is wise, be glory and majesty, dominion and power, both now and forever. Amen."

**Congratulations! Forty weeks completed.**

##

# CHAPTER 4: The Night of Fear



Some nights, fear doesn't knock politely. It just shows up - at 2am, in the dark, when everyone else is asleep and it's just you, your racing thoughts, and your hand on your belly. This chapter is for those nights.

## Fear Is Not the Opposite of Faith

I want to say something clearly, because so many believers carry a quiet shame around this: feeling afraid does not mean your faith is weak. David - a man after God's own heart, a man who wrote half the Psalms - said this plainly: *"Whenever I am afraid, I will trust in You"* (Psalm 56:3, NKJV). Notice what he didn't say. He didn't say, "I never feel afraid." He said that when fear comes - and it will come - trust is his response to it.

Joshua faced an entire nation's future and a very real war ahead of him. God didn't tell him fear was forbidden. God told him what to do with it: *"Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the LORD your God is with you wherever you go"* (Joshua 1:9, NKJV). Courage was never the absence of fear. It was showing up anyway, because of who was walking with him.

You are allowed to feel afraid tonight. What matters is what you do with it in the next five minutes.

## Even Research Points Back to This Truth

Researchers who study pregnancy have found something believers have always known in their spirit: naming fear and responding to it brings real peace, while pushing it down and pretending it isn't there does not. Studies on fear of childbirth have found that mothers who have real, spoken support through their fear - not silence, not avoidance, but actual words spoken over them - experience less fear and more confidence walking into labor. Scripture got there first: speak to your fear, out loud, on purpose. The world is only now catching up to what David already knew three thousand years ago.

## How to Use This Chapter

This isn't a replacement for your daily declaration - it stands beside it. On the nights fear rises louder than usual, turn here. Read one of these three, whichever fits what you're facing tonight. Speak it exactly the way you'd speak your daily page: one hand on your belly, out loud, unhurried.

### FOR THE ANXIOUS NIGHT - When Your Mind Won't Stop Racing

*(Place your hand on your belly. Take one slow breath before you begin.)*

#### MOTHER'S DECLARATION

"Fear, you are not welcome here tonight. Whenever I am afraid, I will trust in You, Lord - not in my racing thoughts, not in my imagination, but in You."

*"Whenever I am afraid, I will trust in You." - Psalm 56:3, NKJV*

#### FATHER'S / SECOND VOICE DECLARATION

"God has not given us a spirit of fear tonight, but of power, and of love, and of a sound mind. I speak that sound mind over you right now, and over this child."

*"For God has not given us a spirit of fear, but of power and of love and of a sound mind." - 2 Timothy 1:7, NKJV*

*Take one more slow breath. Let your shoulders drop. You are not carrying this alone tonight.*

### FOR THE FEAR SOMETHING IS WRONG - When Your Mind Goes to the Worst-Case Place

*(Place both hands on your belly. Take one slow breath before you begin.)*

#### MOTHER'S DECLARATION

"You formed this child's inward parts. You covered them in my womb. I choose to praise You right now, in this moment of worry, because they are fearfully and wonderfully made by Your own hand - not by chance, not left to accident."

*"For You formed my inward parts; You covered me in my mother's womb. I will praise You, for I am fearfully and wonderfully made." - Psalm 139:13-14, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"I speak angels assigned over this child right now, in this exact moment, keeping watch over every part of their body that's forming. Nothing about this pregnancy is happening outside of God's sight."

*"For He shall give His angels charge over you, To keep you in all your ways." - Psalm 91:11, NKJV*

*Take one more slow breath. Whatever tomorrow holds, tonight you have spoken truth over fear.*

## **FOR THE FEAR OF WHAT'S COMING - When Labor and Delivery Feel Too Close**

*(Place your hand on your belly. Take one slow breath before you begin.)*

#### **MOTHER'S DECLARATION**

"I bring every fear about my labor and delivery to God right now, with thanksgiving instead of dread. And the peace of God, which surpasses all understanding, will guard my heart and mind through Christ Jesus, on that day and every day leading up to it."

*"And the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus." - Philippians 4:7, NKJV*

#### **FATHER'S / SECOND VOICE DECLARATION**

"Be strong and of good courage. Do not be afraid, nor be dismayed - for the Lord your God is with you wherever you go, including into that delivery room."

*"Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the LORD your God is with you wherever you go." - Joshua 1:9, NKJV*

*Take one more slow breath. You will meet that day the same way you're meeting this fear right now - with words instead of silence.*

## **Before You Close This Page**

However tonight has felt, you did the one thing fear never wants you to do: you spoke back. That's the whole heartbeat of this book, on the hardest nights just as much as the easy ones.

If tonight's fear was really about not knowing what to say to your husband or partner, or about carrying all of this on your own - the next chapter was written exactly for that. Turn there whenever you're ready.

# CHAPTER 5: The Father's Voice



## You Don't Have to Have the Right Words

Somewhere along the way, a lot of men pick up a quiet belief: that being present for a pregnancy means having something impressive to say. A strong prayer. The right verse at the right moment. Something that sounds like it belongs in a book.

Here's the truth: you already have what this requires. Not even eloquence - presence.

Research on partner involvement during pregnancy backs this up in a very unromantic way: it's not the quality of a father's words that predicts a mother's wellbeing, it's simply whether he's engaged at all. Fathers who show up - who pray out loud even badly, who put a hand on the belly even awkwardly - are tied to lower depressive symptoms and higher psychological wellbeing in the mothers they're supporting. You don't have to get this right. You have to get it done.

And here's the other half of the truth, the half that doesn't always make it into books like this: you are allowed to be scared too. Some studies on fathers during this season have found that even active faith and prayer can coincide with real anxiety for men - the weight of providing, the fear of not being ready, the strange helplessness of watching someone you love go through something you can't carry for her. If that's you, this chapter isn't asking you to perform confidence you don't feel. It's giving you somewhere to put the fear, the same way the last chapter did for her.

## How to Use This Chapter

These declarations are yours alone - not a script to read aloud to her, though you can if you want to. The point isn't performance. It's showing up, on purpose, with words instead of silence.

Turn to whichever one meets you where you actually are tonight.

#### FOR THE FATHER WHO DOESN'T KNOW WHAT TO SAY

(You don't need the right words. You just need to start declaring.)

#### FATHER'S DECLARATION

"I don't have the perfect prayer tonight, and I'm not going to pretend I do. But Your grace is sufficient for me, and Your strength is made perfect in exactly this kind of weakness - mine. I show up anyway."

"And He said to me, 'My grace is sufficient for you, for My strength is made perfect in weakness.'" - 2 Corinthians 12:9, NKJV

Say it even if it feels clumsy. Clumsy and intention beats polished and absent, every time.

#### FOR THE FATHER WHO FEELS LIKE HE'S WATCHING FROM THE OUTSIDE

(We know your body isn't changing and isn't happening to you the same way it does to her, but that doesn't put you outside of it.)

#### FATHER'S DECLARATION

"I may not carry this child the way she does, but I will not stand outside of this. You have said You will never leave nor forsake - and neither will I. I am in this, all the way in, starting now."

"For He Himself has said, 'I will never leave you nor forsake you.'" - Hebrews 13:5, NKJV

You're not a spectator to this pregnancy. You're one of the two people this child will call by name.

#### FOR THE FATHER CARRYING HIS OWN FEAR

(Nobody handed you a chapter for your own fear until now. Here it is.)

#### FATHER'S DECLARATION

"I'm allowed to be afraid tonight - of the responsibility, of not being enough, of everything about to change. And whenever I am afraid, I will trust in You. Not in having it all figured out. In You."

"Whatever the day brings, I will trust in You." - Psalm 56:3, NKJV

You don't have to hide this from her, either. Two people naming fear out loud is stronger than one person pretending not to have any.

#### FOR THE FATHER WHO FEELS THE WEIGHT OF PROVIDING

(The pressure to have it all together financially, practically, permanently - put some of that weight down here.)

#### FATHER'S DECLARATION

"I don't carry the full weight of providing for this family alone. My God shall supply all our need according to His riches in glory. I do my part; He is not waiting on me to be enough on my own."

"And my God shall supply all your need according to His riches in glory by Christ Jesus." -  
Philippians 4:19, NKJV

You don't have to read this chapter every night, or even most nights. It's here for the specific nights the weight gets loud then you declare them to shake those evil weight off.

Next comes something to actually do with your hands, not just your words - seven simple practices, one for each week you want to return to them. Turn there when you're ready to move from speaking to doing.

# CHAPTER 6: Seven Simple Practices



## Faith Doesn't Stay in Your Mouth

Throughout Scripture, God's people didn't just speak their faith - they acted it out with their hands. Oil was poured over a shepherd boy's head, and he became a king. A sick woman reached for the hem of a garment, not because the fabric had power, but because her faith did. Handkerchiefs carried from one man's body brought healing to people he never even met.

None of these objects were magic. The oil was still just oil. The cloth was still just cloth. What made the difference every single time was the faith behind the object, not the object itself. That's the whole principle behind everything in this chapter: you're not performing a ritual. You're giving your faith something to hold onto besides your own memory.

These seven practices aren't required, and none of them are more "spiritual" than simply speaking your daily declaration. Think of this chapter as a shelf, not a checklist - pick two or three that actually fit your life, and don't feel obligated to use all seven.

### 1. ANOINTING

When the prophet Samuel was sent to anoint the next king of Israel, he passed over all of David's older, more impressive-looking brothers. Then he took the horn of oil and anointed David - the youngest, the one nobody expected - and from that day the Spirit of the Lord was upon him.

*"Then Samuel took the horn of oil and anointed him in the midst of his brothers; and the Spirit of the LORD came upon David from that day forward."* - 1 Samuel 16:13, NKJV

Anointing marks something - or someone - as set apart. James later instructed the church to anoint the sick with oil in prayer, believing in faith for healing (James 5:14). It was never about the oil itself. It was a physical way of saying: this is not ordinary. This is set apart to God.

**How to do it:** Take a small bottle of olive oil. Pray over it simply - ask God to set it apart, nothing elaborate. Then, whenever you use it, put a small amount on your forehead or your belly and speak your blessing. No special motion or technique is required. The faith is the whole practice.

## 2. THE PRAYER MANTLE

A woman who had suffered for twelve years believed that if she could just touch the hem of Jesus's garment, she would be healed. She was right - not because the cloth carried power, but because her faith reached through it.

*"For she said to herself, 'If only I may touch His garment, I shall be made well.'" - Matthew 9:21, NKJV*

This wasn't a one-time thing in Scripture. When the prophet Elijah was taken up, his mantle fell to Elisha, who picked it up and carried Elijah's anointing forward into his own life and ministry (2 Kings 2:13-14). And centuries later, people brought handkerchiefs and aprons that had simply touched Paul's body to the sick - and the sick were healed.

*"Now God worked unusual miracles by the hands of Paul, so that even handkerchiefs or aprons were brought from his body to the sick, and the diseases left them and the evil spirits went out of them."* - Acts 19:11-12, NKJV

A blanket you pray over regularly, and later wrap your baby in, follows this exact same pattern.

**How to do it:** Choose one blanket now. Hold it and pray over it in faith - no formula needed, just talk to God about your child while it's in your hands. Do this as often as you like. By the time your baby is wrapped in it, it will carry months of prayer, not just fabric softener.

## 3. HOME COMMUNION

*A quick note first:* communion carries real weight in the church, and different traditions handle it differently - some hold it should only be received during a church service. If that's your background, it's worth a quick word with your pastor before adapting it at home. What follows is one faithful way to do it, not the only way.

On the night before His death, Jesus took bread, gave thanks, broke it, and gave it to His disciples with these words:

*"Take, eat; this is My body which is broken for you; do this in remembrance of Me."* - 1 Corinthians 11:24, NKJV

**How to do it:** Set aside a small piece of bread and a small cup (Most churches have bread and wine, you can buy and bless it). Read the verse above out loud. Eat and drink slowly, in quiet prayer, and thank God specifically for the child you're carrying. No liturgy required - just remembrance, done in faith.

#### 4. WORSHIP OVER THE BUMP

When pregnant Mary greeted her pregnant relative Elizabeth, something remarkable happened before either baby was born:

*"And it happened, when Elizabeth heard the greeting of Mary, that the babe leaped in her womb; and Elizabeth was filled with the Holy Spirit."* - Luke 1:41, NKJV

John the Baptist responded - leaped - while still in the womb, in the presence of something holy. Scripture doesn't treat unborn children as unaware. Let worship be one of the first things your child learns to recognize.

**How to do it:** Play or sing a worship song near your belly, close enough that your baby can clearly hear it. No performance required - just let the sound become familiar.

#### 5. LAYING ON OF HANDS

When parents brought their children to Jesus so He could touch them, His disciples tried to turn them away. Jesus didn't allow it:

*"And He took them up in His arms, laid His hands on them, and blessed them."* - Mark 10:16, NKJV

This same pattern - physical touch paired with spoken blessing - runs all through Scripture, from Jacob laying hands on his grandsons (Genesis 48) to the priestly blessing God gave Moses to speak over Israel:

*"The LORD bless you and keep you; The LORD make His face shine upon you, And be gracious to you; The LORD lift up His countenance upon you, And give you peace."* - Numbers 6:24-26, NKJV

**How to do it:** Place your hands (or have your partner place theirs) gently on your belly. Speak the blessing above slowly, pausing between each line. That's the entire practice - touch and truth, together.

## 6. THE PRAYER WALK

Before Jericho's walls fell, Israel didn't storm the city - they walked around it in faith, day after day, until the breakthrough came (Joshua 6). And long before that, Scripture says simply of Enoch: he *"walked with God"* (Genesis 5:24) - not sat, not stood still. Walked.

*"I will lift up my eyes to the hills - From whence comes my help? My help comes from the LORD, Who made heaven and earth."* - Psalm 121:1-2, NKJV

**How to do it:** Take a short, unhurried walk - around the block, in a park, anywhere outside. Use the walk itself as your prayer time. Please no phone, and no distraction. Some of the most honest prayers happen mid-stride, not on your knees.

## 7. THE BLESSING MEAL

Before Jesus multiplied five loaves and two fish to feed a crowd of thousands, He didn't skip a step: He looked up to heaven and blessed the food first (Matthew 14:19). And long before that, Abraham welcomed three visitors - who turned out to carry a promise about his own long-awaited son - with a shared meal (Genesis 18).

*"Oh, taste and see that the LORD is good; Blessed is the man who trusts in Him!"* - Psalm 34:8, NKJV

**How to do it:** Share a meal with your partner, family, or close friends. Before eating, join hands and speak the verse above out loud as a blessing over the meal and the pregnancy. Then eat together - let the meal itself be part of the celebration, not just the prayer beforehand.

# CHAPTER 7: Labor Day



## Words Already Chosen

When Shadrach, Meshach, and Abednego stood before a furnace with no time left to think, they didn't compose a prayer on the spot. Their answer was already settled in them long before that moment arrived: *"our God whom we serve is able to deliver us... but if not... we will not serve your gods"* (Daniel 3:17-18). They didn't need to find the words. The words were already theirs.

That's what this card is for. Labor doesn't leave room to compose a prayer in the moment. This page exists so the words are already chosen, long before you need them.

## How to Use This Card

Print this page now - today, not "someday soon." Cut along the lines if you want individual cards, or fold the whole page. Put it in your hospital bag. Your partner should read through it ahead of time too, so these aren't new words to either of you mid-contraction.

When the moment comes, don't read the whole thing start to finish. Find your stage, speak the one line, breathe, and let your partner speak theirs back to you.

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**EARLY LABOR** (*Contractions starting. Still able to talk between them.*)

**She says:** "The Lord my God is with me, wherever this goes today."

**Partner says:** "You are not doing this alone. I'm right here, the whole way."

*(Joshua 1:9)*

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**ACTIVE LABOR** *(Contractions closer, harder. This is real work now.)*

**She says:** "I can do this through Christ who strengthens me."

**Partner says:** "You're doing it right now. Keep going. I see you."

*(Philippians 4:13)*

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**TRANSITION** *(The hardest part. If you feel like you can't do this - that's normal here.)*

**She says:** "I am not dismayed. He is with me, strengthening me right now."

**Partner says:** "You are almost there. I'm not leaving. He's not leaving either."

*(Isaiah 41:10)*

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**PUSHING** *(Nearly there.)*

**She says:** "His grace is enough for this exact moment."

**Partner says:** "This is it. You are so close. Push."

*(2 Corinthians 12:9)*

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**THE MOMENT** *(Your baby is here.)*

**She says:** "The anguish is forgotten. Joy - a human being has been born into the world."

**Partner says:** "Welcome. We already love you."

*(John 16:21)*

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Whatever this day looks like - however long it takes, however different from what you pictured - these words hold true on the other side of it.

The last chapter is waiting for that moment: the first words to speak over your child, once they're finally here.

# CHAPTER 8: The First Blessing



## The Moment This Whole Book Was Leading To

Every declaration you've spoken for forty weeks - every early morning, every anxious night, every hand on your belly - was pointing toward this exact moment. The one where the child you've only known by kicks and heartbeat monitors is finally in your arms, and you get to speak to them for the first time as someone you can actually see.

Scripture is full of parents who understood the weight of this moment. Hannah, after years of prayer and waiting, held her son and didn't just thank God quietly in her heart - she said it out loud, over him, by name:

*"For this child I prayed, and the LORD has granted me my petition which I asked of Him. Therefore I also have lent him to the LORD; as long as he lives he shall be lent to the LORD."*

- 1 Samuel 1:27-28, NKJV

And when an old man named Simeon finally held the infant he'd waited a lifetime to see, he didn't hold back either. He lifted his voice and blessed God, right there, with the baby still in his arms:

*"Lord, now You are letting Your servant depart in peace, According to Your word; For my eyes have seen Your salvation."* - Luke 2:29-30, NKJV

You've been speaking life over this child for months without being able to see their face. Now you can. Don't let that first sight go by silently.

## How to Use This Chapter

This isn't meant to be read from a script in the delivery room - you'll be far too full of your own joy for that. Instead, sometime in the first hours or days, when things are quieter, hold your baby and speak this over them, out loud, using their actual name. Change any words that don't fit your family. Make it yours.

## The Blessing

*(Hold your baby. Say their name before you begin.)*

"[Baby's name], welcome. We have been waiting for you, praying for you, speaking life over you since before we ever saw your face - and here you are.

You are fearfully and wonderfully made, formed by God's own hand, not by accident and not by chance.

The LORD bless you and keep you. The LORD make His face shine upon you, and be gracious to you. The LORD lift up His countenance upon you, and give you peace.

You are known. You are wanted. You are loved - by us, and by the God who called you by name before you ever took a breath.

We do not know everything your life will hold. But we know this: God's plans for you are good - to give you a future and a hope. We release you into that future, trusting the One who already sees all of it.

[Baby's name], you are ours to raise, but you were always His first. As long as you live, we give you back to Him, the same way this whole family already belongs to Him.

Welcome to the world. We already love you."

*"For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope." - Jeremiah 29:11, NKJV*

Forty weeks of declarations and the nights of naming fear instead of hiding from it. All pointing at the same quiet truth - that faith spoken out loud changes something in the person speaking it, long before it changes anything else.

This is where the book ends. It isn't where the practice has to end.

Keep speaking over this child - not just today, but for years still ahead of you. The words don't run out when the pages do.

# APPENDIX: Full Scripture Index by Theme



Every verse used throughout "Speak Life" (Days 1 - 280, plus Chapters 4 - 8), organized under four themes: **Protection, Health, Identity, and Destiny**. All verses are NKJV.

Use this index whenever the day's declaration doesn't quite match what you're feeling that morning - find the theme that fits, and borrow a verse from here instead.

*A few verses could fit more than one theme - where that's true, they're filed under the one that fits most naturally, to keep this simple to use.*

## PROTECTION

*Verses about God keeping you safe, present in danger, and near in trouble.*

- Numbers 6:24-26 - the priestly blessing (Week 1; also Ch. 6, Ch.

8)

- Isaiah 43:1 - redeemed, called by name (Week 1)
- Psalm 91:11 - angels charge over you (Week 1; also Ch. 4)
- Psalm 56:3 - whenever afraid, I will trust (Week 1; also Ch. 4,

## Ch. 5)

- Joshua 1:9 - be strong and courageous (Week 1; also Ch. 4, Ch. 7)
- Psalm 46:1 - refuge and strength (Week 2)
- Deuteronomy 31:6 - strong, not afraid (Week 2)
- Psalm 121:1-2 - my help comes from the LORD (Week 2; also Ch. 6)
- Psalm 34:4 - delivered from all my fears (Week 2)
- Psalm 27:1 - the LORD is my light and salvation (Week 3)
- Isaiah 41:10 - fear not, I am with you (Week 3; also Ch. 7)
- Isaiah 41:13 - I hold your right hand (Week 3)
- Psalm 23:4 - valley of the shadow, fear no evil (Week 3)
- Psalm 91:1-2 - dwelling in the secret place (Week 5)
- Psalm 91:4 - cover with feathers, shield and buckler (Week 5)
- Isaiah 43:2 - through the waters, through the fire (Week 5)
- Psalm 91:15-16 - call upon Me, I will answer (Week 5)
- Psalm 34:7 - the angel of the LORD encamps (Week 5)
- Romans 8:31 - if God is for us (Week 5)
- Psalm 121:3-4 - will not let your foot slip (Week 6)
- Psalm 121:7-8 - the LORD shall preserve you (Week 6)
- Hebrews 13:5 - I will never leave you (Week 6; also Ch. 5)
- Deuteronomy 33:27 - the eternal God is your refuge (Week 6)
- Psalm 91:3 - deliver from the snare (Week 6)
- Psalm 121:5-6 - the LORD is your keeper (Week 7)
- John 16:33 - be of good cheer, I have overcome (Week 8)
- Hebrews 4:16 - come boldly to the throne of grace (Week 9)
- Psalm 32:7 - my hiding place (Week 10)
- Psalm 40:1-2 - brought me up out of the pit (Week 10)

- Psalm 62:1-2 - my soul waits, He alone is my rock (Week 11)
- Psalm 91:5-6 - not afraid of the terror by night (Week 11)
- Psalm 33:20 - our soul waits for the LORD (Week 11)
- Nahum 1:7 - the LORD is good, a stronghold (Week 13)
- Micah 7:8 - though I fall, I shall arise (Week 13)
- Psalm 9:9-10 - a refuge for the oppressed (Week 13)
- Psalm 118:6 - the LORD is on my side (Week 13)
- 2 Chronicles 20:15 - the battle is not yours (Week 14)
- Psalm 145:18 - the LORD is near all who call (Week 14)
- Ruth 2:12 - refuge under His wings (Week 14)
- Psalm 16:8 - I have set the LORD before me (Week 15)
- Psalm 8:2 - out of the mouth of babes, ordained strength (Week 19)
- Judges 6:12 - the LORD is with you, mighty man of valor (Week 20)
- 2 Chronicles 16:9 - the eyes of the LORD run to and fro (Week 23)
- Psalm 91:14 - I will set him on high (Week 24)
- Genesis 28:15 - I am with you, will keep you (Week 27)
- Exodus 33:14 - My Presence will go with you (Week 27)
- 1 Kings 8:57 - as He was with our fathers (Week 28)
- 2 Chronicles 20:17 - stand still and see the salvation (Week 28)
- Job 5:19 - deliver you in six troubles (Week 29)
- Leviticus 26:12 - I will walk among you (Week 29)
- 2 Samuel 22:31 - His way is perfect, a shield (Week 30)
- Ezra 8:22 - the hand of our God upon those who seek Him (Week 30)
- Colossians 1:13 - delivered from the power of darkness (Week 34)
- Romans 8:37 - more than conquerors (Week 33)
- Matthew 28:20 - I am with you always (Week 35)

- James 4:7 - resist the devil, he will flee (Ch. 38 / Week 38)
- Romans 8:38-39 - nothing shall separate us (Week 40)
- Revelation 21:3 - God Himself will be with them (Week 40)
- Mark 10:16 - He took them in His arms and blessed them (Ch. 6)

## HEALTH

*Verses about healing, wholeness, physical strength, and peace of mind.*

- Psalm 5:3 - morning prayer and expectation (Week 1)
- 2 Timothy 1:7 - spirit of power, love, and a sound mind (Week 1;

*also Ch. 4)*

- Philippians 4:7 - peace that guards heart and mind (Week 1; also

*Ch. 4)*

- Isaiah 40:31 - renew their strength, mount up like eagles (Week 2)
- Lamentations 3:22-23 - His mercies are new every morning (Week 2)
- 1 John 4:18 - perfect love casts out fear (Week 3)
- Psalm 30:5 - joy comes in the morning (Week 3)
- Jeremiah 17:14 - heal me, O LORD (Week 3)
- Exodus 15:26 - I am the LORD who heals you (Week 3)
- Psalm 103:2-3 - who heals all your diseases (Week 3)
- 1 Peter 5:7 - casting all your care upon Him (Week 4)
- Colossians 3:15 - let the peace of God rule (Week 4)
- Psalm 147:3 - heals the brokenhearted (Week 4)
- Psalm 138:3 - strengthened me with strength in my soul (Week 4)
- Nehemiah 8:10 - the joy of the LORD is your strength (Week 5)
- Isaiah 26:3 - perfect peace, mind stayed on You (Week 6)

- Philippians 4:6 - be anxious for nothing (Week 6)
- Isaiah 40:29 - gives power to the weak (Week 6)
- Psalm 55:22 - cast your burden on the LORD (Week 6)
- 3 John 1:2 - prosper and be in health (Week 6)
- John 14:27 - peace I leave with you (Week 8)
- 1 Thessalonians 5:16-18 - rejoice always, pray without ceasing

(Week 9)

- Matthew 11:28 - come to Me, I will give you rest (Week 10)
- Colossians 1:11 - strengthened with all might (Week 11)
- Romans 15:13 - the God of hope fill you with joy and peace (Week

13)

- Psalm 46:10 - be still, and know that I am God (Week 13)
- Psalm 34:18 - the LORD is near the brokenhearted (Week 14)
- Isaiah 66:13 - as one whom his mother comforts (Week 14)
- 2 Corinthians 1:3-4 - the God of all comfort (Week 15)
- Psalm 4:8 - I will lie down in peace and sleep (Week 15)
- Psalm 30:11-12 - turned my mourning into dancing (Week 15)
- Malachi 4:2 - healing in His wings (Week 19)
- Psalm 84:5 - whose strength is in You (Week 24)
- Isaiah 58:11 - like a watered garden (Week 26)
- 1 Samuel 30:6 - David strengthened himself in the LORD (Week 27)
- Job 11:16-17 - life brighter than noonday (Week 30)
- Isaiah 61:3 - beauty for ashes (Week 31)
- Jeremiah 31:13 - turn mourning into joy (Week 31)
- Jeremiah 33:6 - bring health and healing (Week 31)

- Ezekiel 37:5 - breath to enter, live (Week 32)
- Habakkuk 3:17-18 - yet I will rejoice in the LORD (Week 32)
- John 10:10 - life more abundantly (Week 33)
- Philippians 4:8 - whatever is lovely, meditate on these things

(Week 34)

- 1 Thessalonians 5:23-24 - sanctify you completely (Week 34)
- 2 Corinthians 12:9 - My grace is sufficient (Week 36; also Ch. 5,

Ch. 7)

- Ephesians 3:16 - strengthened with might in the inner man (Week

37)

- Revelation 21:4 - no more death, sorrow, or pain (Week 38)
- Isaiah 35:10 - sorrow and sighing shall flee (Week 39)
- Psalm 100:1-2 - serve the LORD with gladness (Week 39)
- Matthew 9:21 - if I only touch His garment (Ch. 6)
- Acts 19:11-12 - handkerchiefs and aprons, diseases left them (Ch.

6)

## IDENTITY

*Verses about who your child already is - known, chosen, made, and loved.*

- Jeremiah 1:5 - before I formed you, I knew you (Week 1)
- Psalm 139:13-14 - fearfully and wonderfully made (Week 1; also Ch.

4)

- Psalm 127:3 - children are a heritage from the LORD (Week 1)

- Zephaniah 3:17 - rejoices over you with singing (Week 2)
- 1 Samuel 1:27 - for this child I prayed (Week 2; also Ch. 8, as

1:27-28)

- Genesis 1:27 - made in God's own image (Week 3)
- Psalm 100:3 - He made us, and we are His (Week 3)
- Psalm 16:11 - path of life, fullness of joy (Week 3)
- Luke 1:14 - joy and gladness, many rejoicing at his birth (Week 4)
- Psalm 113:9 - the barren woman a joyful mother (Week 4)
- Psalm 71:6 - upheld from birth (Week 4)
- Job 10:11-12 - clothed with skin and flesh (Week 4)
- James 1:17 - every good gift is from above (Week 4)
- 2 Corinthians 5:17 - a new creation (Week 4)
- Psalm 34:8 - taste and see that He is good (Week 5)
- Psalm 139:1-2 - You have searched me and known me (Week 6)
- Isaiah 43:4 - precious in My sight, I love you (Week 6)
- Psalm 128:3 - children like olive plants (Week 7)
- 2 Timothy 1:12 - I know whom I have believed (Week 8)
- Hebrews 11:1 - faith, the substance of things hoped for (Week 9)
- Isaiah 40:11 - gathers the lambs with His arm (Week 10)
- 1 Corinthians 13:4 - love suffers long, is kind (Week 12)
- Galatians 5:22-23 - the fruit of the Spirit (Week 12)
- Colossians 2:7 - rooted and built up in Him (Week 14)
- Psalm 71:5-6 - took me out of my mother's womb (Week 14)
- Psalm 139:17-18 - how precious are Your thoughts of me (Week 15)
- Job 33:4 - the Spirit of God has made me (Week 15)
- 1 Samuel 16:7 - the LORD looks at the heart (Week 20)

- Isaiah 43:7 - created for My glory (Week 21)
- Isaiah 49:1 - called Me from the womb (Week 21)
- Galatians 1:15 - separated from my mother's womb (Week 22)
- 1 Peter 2:9 - a chosen generation, royal priesthood (Week 22)
- Psalm 24:1 - the earth is the LORD's (Week 23)
- Exodus 19:5-6 - a special treasure, kingdom of priests (Week 29)
- Nehemiah 9:6 - You alone are the LORD (Week 30)
- Jeremiah 31:3 - loved with an everlasting love (Week 31)
- Ezekiel 36:26 - a new heart, a new spirit (Week 32)
- Hosea 2:19 - I will betroth you to Me forever (Week 32)
- John 1:12 - the right to become children of God (Week 33)
- Galatians 4:6-7 - no longer a slave but a son (Week 34)
- 1 John 3:1 - what manner of love the Father has given (Week 34)
- John 3:16 - for God so loved the world (Week 35)
- Romans 5:8 - while we were still sinners, Christ died (Week 35)
- 1 Corinthians 6:19-20 - temple of the Holy Spirit (Week 36)
- Ephesians 2:8-9 - saved by grace, the gift of God (Week 36)
- Philippians 3:20 - our citizenship is in heaven (Week 36)
- 1 Corinthians 3:16 - you are the temple of God (Week 37)
- 1 Corinthians 13:13 - the greatest of these is love (Week 37)
- Galatians 2:20 - Christ lives in me (Week 37)
- Ephesians 1:4 - chosen before the foundation of the world (Week

37)

- Colossians 3:12 - the elect of God, holy and beloved (Week 38)
- Titus 3:5 - the washing of regeneration (Week 38)
- Isaiah 62:5 - as the bridegroom rejoices over the bride (Week 38)

- John 16:21 - joy that a human being has been born (Week 39; also

*Ch. 7)*

- Luke 2:20 - glorifying and praising God (Week 39)
- Psalm 150:6 - let everything that has breath praise the LORD (Week

*39)*

- 2 Corinthians 13:14 - grace, love, and communion of the Spirit

*(Week 40)*

- 1 Samuel 16:13 - Samuel anointed him, the Spirit came upon David

*(Ch. 6)*

- 1 Corinthians 11:24 - do this in remembrance of Me (Ch. 6)
- Luke 1:41 - the babe leaped in her womb (Ch. 6)

## DESTINY

*Verses about purpose, calling, generational blessing, and the future ahead.*

- Romans 4:17 - calls those things which do not exist as though they

*did (Week 1)*

- Proverbs 18:21 - death and life in the power of the tongue (Week

*1)*

- Ephesians 2:10 - created for good works (Week 1)
- Psalm 118:24 - this is the day the LORD has made (Week 2)
- Jeremiah 29:11 - plans to prosper you, a future and a hope (Week

*2)*

- Proverbs 3:5-6 - trust, and He shall direct your paths (Week 2)
- Philippians 1:6 - He who began a good work will complete it (Week

2)

- Isaiah 54:13 - taught by the LORD, great peace (Week 2)
- Luke 1:37 - with God nothing is impossible (Week 2)
- Psalm 138:8 - the LORD will perfect that which concerns me (Week

3)

- Luke 1:45 - blessed is she who believed (Week 4)
- Genesis 21:1-2 - conceived at the appointed time (Week 4)
- Psalm 100:5 - the LORD is good, His mercy everlasting (Week 4)
- Matthew 19:26 - with God all things are possible (Week 4; also

*Week 35)*

- Psalm 37:4 - delight yourself in the LORD (Week 5)
- Psalm 37:5 - commit your way, He shall bring it to pass (Week 5)
- Romans 8:28 - all things work together for good (Week 5)
- Ephesians 3:20 - exceedingly abundantly above all we ask (Week 5)
- Psalm 139:16 - days fashioned before one of them was (Week 5)
- 1 Corinthians 2:9 - eye has not seen what God has prepared (Week

5)

- Psalm 20:4 - grant according to your heart's desire (Week 6)
- Proverbs 22:6 - train up a child in the way he should go (Week 6)
- Psalm 32:8 - I will instruct you and teach you (Week 7)
- Jeremiah 33:3 - call to Me, and I will show you great things (Week

7)

- Isaiah 9:6 - unto us a Child is born (Week 7 - spoken

*devotionally of Christ, borrowed as a pattern)*

- Luke 2:10-11 - good tidings of great joy (Week 7)
- 1 Chronicles 28:20 - be strong and of good courage, do the work

*(Week 7)*

- Isaiah 65:24 - before they call, I will answer (Week 8)
- Matthew 7:7 - ask, seek, knock (Week 8)
- Mark 11:24 - whatever you ask, believe you receive (Week 8)
- Galatians 6:9 - let us not grow weary in doing good (Week 9)
- Psalm 68:19 - daily loads us with benefits (Week 9)
- Psalm 84:11 - no good thing will He withhold (Week 9)
- Isaiah 30:21 - this is the way, walk in it (Week 9)
- Psalm 25:4-5 - show me Your ways, O LORD (Week 10)
- Zechariah 4:6 - not by might nor power, but by My Spirit (Week 10)
- Habakkuk 2:3 - the vision is for an appointed time (Week 10)
- 2 Peter 1:3 - divine power given all things pertaining to life

*(Week 11)*

- Philippians 4:19 - God shall supply all your need (Week 11; also

*Ch. 5)*

- 1 John 5:14 - confidence, ask according to His will (Week 11)
- Psalm 127:1 - unless the LORD builds the house (Week 12)
- Deuteronomy 7:9 - keeps covenant for a thousand generations (Week

12)

- Proverbs 16:3 - commit your works, your thoughts established (Week

12)

- Proverbs 16:9 - man plans, the LORD directs his steps (Week 12)
- James 1:5 - if any lacks wisdom, ask of God (Week 12)
- Lamentations 3:25 - the LORD is good to those who wait (Week 13)
- 1 Chronicles 28:20 - [see Week 7]
- Ecclesiastes 3:1 - to everything there is a season (Week 15)
- Luke 2:52 - increased in wisdom and stature (Week 16)
- 1 Samuel 2:26 - grew in stature and in favor (Week 16)
- 1 Chronicles 4:10 - Jabez, enlarge my territory (Week 16)
- Esther 4:14 - for such a time as this (Week 16)
- Psalm 71:17-18 - declare Your strength to this generation (Week

16)

- Deuteronomy 28:13 - the head and not the tail (Week 16)
- Psalm 112:2 - his descendants will be mighty (Week 16)
- Genesis 39:2-3 - the LORD was with Joseph (Week 17)
- Daniel 1:17 - God gave them knowledge and skill (Week 17)
- Daniel 1:20 - found ten times better (Week 17)
- Genesis 41:38-39 - the Spirit of God, discerning and wise (Week

17)

- Proverbs 4:18 - path of the just shines brighter (Week 17)
- Psalm 1:3 - like a tree planted by the rivers (Week 17)
- Joshua 1:8 - you will make your way prosperous (Week 17)

- 1 Kings 3:12 - a wise and understanding heart (Week 18)
- Luke 1:15 - he will be great in the sight of the Lord (Week 18)
- Isaiah 60:3 - the Gentiles shall come to your light (Week 18)
- Matthew 5:14 - you are the light of the world (Week 18)
- Matthew 5:16 - let your light so shine (Week 18)
- Ephesians 1:11 - obtained an inheritance, predestined (Week 18)
- Ephesians 1:18 - the hope of His calling (Week 18)
- Romans 8:29-30 - predestined, called, justified, glorified (Week

19)

- 2 Timothy 1:9 - called with a holy calling (Week 19)
- Psalm 78:4 - telling the generation to come (Week 19)
- Isaiah 44:3-4 - pour My Spirit on your descendants (Week 19)
- Psalm 102:18 - written for the generation to come (Week 19)
- Genesis 12:2 - I will make you a great nation (Week 20)
- Numbers 23:19 - God is not a man, that He should lie (Week 20)
- Psalm 37:23 - the steps of a good man are ordered (Week 20)
- Psalm 90:17 - establish the work of our hands (Week 20)
- Isaiah 54:2-3 - enlarge the place of your tent (Week 20)
- Proverbs 22:29 - he will stand before kings (Week 21)
- Matthew 6:33 - seek first the kingdom of God (Week 21)
- Matthew 25:21 - well done, good and faithful servant (Week 21)
- John 15:16 - I chose you and appointed you (Week 21)
- Romans 11:29 - the gifts and calling of God are irrevocable (Week

21)

- 2 Corinthians 3:18 - transformed from glory to glory (Week 22)

- Philippians 3:14 - press toward the goal (Week 22)
- Colossians 3:23-24 - do it heartily, as to the Lord (Week 22)
- 2 Samuel 7:8-9 - took you from the sheepfold, made a great name

*(Week 23)*

- 1 Chronicles 16:11 - seek the LORD and His strength (Week 23)
- Job 8:7 - your beginning was small (Week 23)
- Job 22:28 - you will declare a thing, established (Week 23)
- Psalm 20:5 - the LORD fulfill all your petitions (Week 23)
- Psalm 25:13 - his descendants shall inherit the earth (Week 24)
- Psalm 45:16 - instead of your fathers shall be your sons (Week 24)
- Psalm 65:11 - You crown the year with Your goodness (Week 24)
- Psalm 115:14 - the LORD give you increase more and more (Week 24)
- Psalm 128:5-6 - may you see your children's children (Week 24)
- Psalm 132:11 - I will set upon your throne the fruit of your body

*(Week 25)*

- Proverbs 8:17 - those who seek me will find me (Week 25)
- Proverbs 10:22 - the blessing of the LORD makes rich (Week 25)
- Proverbs 11:30 - the fruit of the righteous, a tree of life (Week

25)

- Proverbs 13:22 - an inheritance to his children's children (Week

25)

- Proverbs 20:7 - his children are blessed after him (Week 25)
- Proverbs 24:3-4 - through wisdom a house is built (Week 25)
- Ecclesiastes 11:1 - cast your bread upon the waters (Week 26)

- Isaiah 32:8 - a generous man devises generous things (Week 26)
- Isaiah 33:6 - wisdom and knowledge the stability of your times

(Week 26)

- Isaiah 48:17 - teaches you to profit, leads you (Week 26)
- Joshua 24:15 - as for me and my house, we will serve the LORD

(Week 26)

- 1 Samuel 12:24 - consider what great things He has done (Week 26)
- Genesis 50:20 - you meant evil, God meant it for good (Week 27)
- Deuteronomy 11:19 - teach them to your children (Week 27)
- Joshua 21:45 - not a word failed of any good thing (Week 27)
- 2 Samuel 22:33 - God is my strength, makes my way perfect (Week

27)

- 1 Kings 8:61 - let your heart be loyal to the LORD (Week 28)
- 2 Chronicles 15:2 - the LORD is with you while you are with Him

(Week 28)

- 2 Chronicles 20:20 - believe, and you shall be established (Week

28)

- Nehemiah 2:20 - the God of heaven will prosper us (Week 28)
- Job 23:10 - I shall come forth as gold (Week 29)
- Job 36:11 - spend their days in prosperity (Week 29)
- Job 42:12 - blessed the latter days more than the beginning (Week

29)

- Deuteronomy 4:9 - teach them to your children and grandchildren

*(Week 29)*

- Deuteronomy 28:2 - all these blessings shall come upon you (Week

*30)*

- 1 Samuel 2:35 - I will raise up a faithful priest (Week 30)
- 1 Chronicles 12:18 - for your God helps you (Week 30)
- Isaiah 55:11 - My word shall not return to Me void (Week 31)
- Isaiah 61:7 - instead of shame, double honor (Week 31)
- Jeremiah 32:17 - nothing is too hard for You (Week 31)
- Ezekiel 34:26 - showers of blessing (Week 32)
- Daniel 12:3 - shine like the brightness of the firmament (Week 32)
- Joel 2:28 - sons and daughters shall prophesy (Week 32)
- Luke 1:76-77 - the prophet of the Highest (Week 33)
- Luke 2:40 - grew and became strong in spirit (Week 33)
- Acts 2:39 - the promise is to you and to your children (Week 33)
- 1 Corinthians 15:57 - gives us the victory (Week 33)
- Philippians 4:13 - I can do all things through Christ (Week 34)
- 1 Peter 1:3 - begotten again to a living hope (Week 34)
- Mark 9:23 - all things are possible to him who believes (Week 35)
- Luke 18:27 - the things impossible with men are possible with God

*(Week 35)*

- John 15:5 - I am the vine, you are the branches (Week 35)
- Romans 10:9 - confess, believe, be saved (Week 36)
- Ephesians 1:3 - every spiritual blessing (Week 36)

- Hebrews 12:1-2 - run with endurance the race (Week 36)
- 2 Corinthians 1:20 - the promises of God are Yes and Amen (Week

37)

- Philippians 2:13 - God who works in you to will and do (Week 37)
- 2 Timothy 3:16-17 - thoroughly equipped for every good work (Week

38)

- 1 Peter 5:10 - perfect, establish, strengthen, and settle (Week

38)

- Luke 2:14 - glory to God, peace, goodwill (Week 39)
- Psalm 126:5-6 - sow in tears, reap in joy (Week 39)
- 1 Kings 8:56 - not failed one word of all His good promise (Week

40)

- Psalm 145:13 - an everlasting kingdom, all generations (Week 40)
- Hebrews 13:20-21 - complete in every good work (Week 40)
- Jude 1:24-25 - able to keep you from stumbling (Week 40)
- Luke 2:29-30 - my eyes have seen Your salvation (Ch. 8)

*This index reflects every verse used across all 280 daily declarations and the five supporting chapters. Every reference above was individually checked against the NKJV text before publication.*